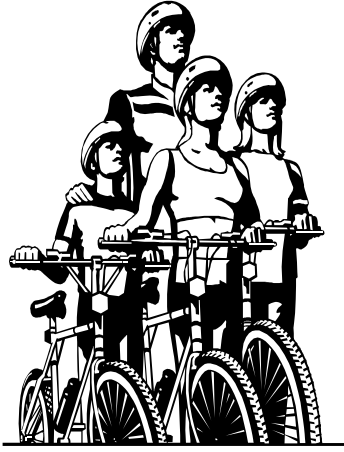


# Road I Certification

**A Bicycle Education Program offered exclusively by League Cycling Instructors.**

*Simply knowing how to ride a bike is not the same as knowing how to operate a bike safely and legally.*



## Road I

This basic 9 hour course is perfect as a primer for those cyclist who wish to gain a full understanding of how to safely operate a bicycle in a variety of situations. The 9 hour class includes learning how to perform a bicycle safety check, fixing a flat, interactive discussion, on-bike skills practice and student manual. Students will gain confidence knowing that they are riding legally and safely. Crash avoidance techniques and crash types will be discussed. Recommended for adults and children above 14.

*This is a required course for those interested in becoming a League Cycling Instructor.*

*For more information on becoming a League Cycling Instructor, please contact the League of American Bicyclists at 202-822-1333 or email [bikeleague@bikeleague.org](mailto:bikeleague@bikeleague.org).*

## Road I Certification Class

*Instructor: Michael Neven LCI #1068*

**Date:** Saturday, October 9th

**Time:** 8:00 AM

**Place:** Bike and Trikes Warehouse  
Upper level – South side of Blue Ridge Mall I-70 & Sterling  
4200 Blue Ridge Blvd, KCMO

**Cost:** \$35.00

To reserve a space send a \$10.00 deposit to: Michael Neven, LCI  
14321 Peterson Rd.  
Kansas City, MO 64149

Make check payable to: Michael Neven, LCI

*A minimal level of fitness is required as there is an approximately 20 mile ride performed at a leisurely pace. Helmets required to participate and receive Road I certificate.*

**FOR MORE INFORMATION CONTACT MICHAEL NEVEN AT: 816-318-1842**

