9th Annual
Missouri Bicycle and Pedestrian Federation

ACTIVE Transportation SUMMIT

August 23rd, 2024
Join us virtually or at the Isle of Capris Casino:
Boonville, MO

Bicycling, Walking, and Trails Mean Business in Missouri

Organized and presented by:

apbp MISSOURI / KANSAS

MISSOURI BICYCLE & PEDESTRIAN FEDERATION

City of Boonville BOONVILLE

BOONVILLE Tourism

Venue

Meeting Rooms

Please enter through the hotel entrance and follow signage to the event center.

Please note that sessions in the Ballroom South will be broadcast for Virtual Summit attendees to view. These sessions are marked with *.**

Event Center South: The event center south meeting room is located on the second floor of the event center.

Event Center North: The event center north meeting room is located on the second floor of the event center.

Happy Hour Social

We hope that you will join us for our happy hour and social: from 4:00-7:00 PM on the conference center patio. A drink ticket was provided in your registration packet.

Parking

Free parking is available in any Isle of Capris parking lot.

2024 Missouri Active Transportation Summit Schedule Overview & Microsoft Teams/YouTube Connection Info

Join the Summit via Zoom - Instructions

- *This is a hybrid conference. You can join in person OR join via computer/mobile device using the Zoom meeting information.*
- *You can also dial in to Zoom from any phone with the provided phone number and Meeting ID.*
- *The Zoom meeting will be live starting before 9:00 AM and* ***will continue using the same meeting room throughout the ENTIRE DAY, ALL VIRTUAL SESSIONS****.*
- *First session will begin at 9:00 AM and will continue all day through 4:00pm.*
- *Sessions Marked *** will be broadcast on Zoom.*

	Link for Zoom:	***Meeting ID & Pass:***	***Phone # & Phone Conference ID:***
Zoom Meeting connection info:	https://us06web.zoom.us/j/82338832514?pwd=sHDaFnx8eF15EoJHkH4qQBVaHXpSbo.1 Click here to join the meeting	*ID:* 823 3883 2514 *Pass:* 123	1-312-626-6799 Meeting ID: 823 3883 2514# Password: 123#

WELCOME TO THE 2024 MISSOURI ACTIVE TRANSPORTATION SUMMIT

8:00-9:00 **Registration** ***(Event Center Mezzanine)***

9:00-10:00 **Plenary Session** – Ballroom South***

- **Summit Welcome:** Brent Hugh, *Missouri Bicycle & Pedestrian Federation*

- **Keynote Address: Thrive Allen County** – **Lisse Regehr,** *President and CEO of Thrive Allen County*

10:15-11:05 First Breakout (three choices)

****Sessions held in Ballroom South will be broadcast for Virtual Summit attendees to view.*

Cycling Tourism- Building A Gravel Bike Destination	**Juan DelaRoca**, *Gravel Adventure Field Guide*	*Ballroom South****
APBP Presents: Profiles in Active Transportation	**Kevin Neill**, *Lockmueller Group*; **Bailey Waters**, *City of Kansas City;* **Jared Tremblay,** *Flint Hills, MPO,* **Patrick Trouba,** *Mid-America Regional Council*	*Event Center South*
The Ozark Trail	**Kathie Brennan**, *Ozark Trail Association*	*Event Center North*

11:20-12:10 Second Breakout (three choices)

****Sessions held in Ballroom South will be broadcast for Virtual Summit attendees to view.*

Making the Magic Happen – Magic Dragon Trails Project at Lake of the Ozarks	**Stacy Pyrtle**, *Magic Dragon Trails Committee & Community Foundation of the Lake;* **Jan Pyrtle**, *Magic Dragon Trails Committee*	*Ballroom South****
Building a Statewide Active Transportation Program: Lessons from Kansas DOT	**Tammy Sufi,** *Transportation Planner and the Director of Toole Design's Kansas City Office;* **Jenny Kramer,** *Active Transportation Manager for the Kansas Department of Transportation (KDOT)*	*Event Center South*
Enhancing Community Vitality and Sustainability through ADA-Compliant Active Transportation Initiatives	**Jerany Jackson**, *Institute of Transportation Engineers, American Planning Assoc., American Society of Landscape Architecture*	*Event Center North*

12:10-1:30 LUNCH – (*Lunch on your own- there are many options at and within easy walking distance of Isle of Capri or Inside Isle of Capri*

1:30-2:40 Third Breakout (three choices)

****Sessions held in Ballroom South will be broadcast for Virtual Summit attendees to view.*

Active Transportation Design Snapshot: Tools, Guides, and Resources	**Tammy Sufi,** *Transportation Planner and the Director of Toole Design's Kansas City Office*	*Ballroom South****
Blue River Greenway Vision & Osage Hills Connection Route	**Bill Blessing,** *Member of Leawood KS Bike-Walk and Sustainability Committees;* **Teresa Heckenlively,** *St. Clair County Economic Development Director for Kaysinger Basin Regional Planning Commission*	*Event Center South*
One Map to Rule the Region: Making the Greater Kansas City Regional Trails & Bikeways Map	**Patrick Trouba**, *Mid-America Regional Council (MARC)*	*Event Center North*

2:55-3:45 Fourth Breakout (three choices)

****Sessions held in Ballroom South will be broadcast for Virtual Summit attendees to view.*

KC's zero-fare bus: impacts and citizen science walk audits to address barriers to bus use AND Access to public bike share to increase opportunities for physical activity among college students	**Dr. Amanda Grimes,** *associate professor of Health Sciences at the University of Missouri-Kansas City;* **Madhura Leninkannan**, *Research Assistant, University of Missouri Kansas City ACTIVE Lab*	*Ballroom South****
Missouri's Need for A Statewide Active Transportation Plan	**Jackson Hotaling,** *Community Engagement Director, Missourians for Responsible Transportation;* **Taylor March,** *Executive*	*Event Center South*

	Director, Missourians for Responsible Transportation	
USBR 51 – A cross-state bicycle touring route	**Brent Hugh**, *Missouri Bicycle & Pedestrian Federation*	*Event Center North*

4:00-7:00 Summit Social Hour & MO Active Tourism Working Group Discussion

Please join us on the patio for a group interactive discussion in relation to the cultivation and growth of MO Active Tourism … and of course libations!

- **BikeMO Packet Pickup**
- **Missouri Active Tourism Working Group organizing meeting (4-5pm)**

MANY THANKS TO OUR SUPPORTING AND SPONSORING ORGANIZATIONS AND AGENCIES:

Detailed Session Schedule

Opening Session – Plenary*** (Ballroom South)

9:00am-10:00am

****Sessions held in the Ballroom will be broadcast for Virtual Summit attendees to view.*

Welcome

Brent Hugh, Missouri Bicycle & Pedestrian Federation

Plenary Address

Thrive Allen County – **Lisse Regehr,** *President and CEO of Thrive Allen County*

Thrive Allen County is well known for the work they have done to create and maintain trails and routes throughout Allen County, Kansas. Over the past 17 years, Thrive has created more than 60 miles of trails and routes, created a free rural bike share program replicated throughout the nation, and led the efforts to create Kansas' newest state park: Lehigh Portland State Park. Lisse Regehr, President and CEO, will share why Thrive invested so heavily in trail and bike infrastructure, what they hoped to accomplish with their work and what it means for their community.

Lisse Regehr, *President and CEO of Thrive Allen County, a nonprofit organization that works to improve quality of life and economic conditions in Allen County, Kansas. Thrive Allen County is a countywide organization that has been instrumental in the development of more than 60 miles of new trails and routes within the past decade; lowering the uninsured rate in Allen County from 21% in 2013 to 9% in 2018; the implementation of public and safety-net transportation for Allen County residents; the creation of a free, rural bike-share program replicated throughout the nation; and overseeing the statewide Kansas CARES program*

that assists uninsured residents throughout Kansas apply for affordable health insurance. During Regehr's leadership, Thrive has served as the administrator for Allen County's SPARK and ARPA funds. In addition, Regehr co-created Thrive Kansas, which exists to build capacity in rural Kansas communities to better quality of life and bring about rural revitalization efforts.

Before becoming President and CEO of Thrive Allen County, Regehr oversaw many different departments at Thrive, including communications and the care coordination program. Regehr coordinated all local communication following Allen County's successful pursuit of the 2017 Robert Wood Johnson Foundation Culture of Health Prize. In addition, she has worked as part of the economic development team at Thrive since 2015, successfully recruiting Peerless Products into Iola in 2020, assisting in the recruitment and development of G&W Foods and Eastgate Lofts in 2017, and overseeing the recruitment of Green Cover Seed into Iola in 2019. Prior to returning to her hometown of Iola, Regehr worked for nine years with the Sisters of St. Joseph Ministries Foundation in St. Paul, MN where she was a Planned Giving Officer and Social Networker. Regehr grew the Foundation's planned giving society by 35%, and as the social networker, was responsible for all online communications for the Foundation.

First Breakout (three choices)

10:15am-11:05am

****Sessions held in Ballroom South will be broadcast for Virtual Summit attendees to view.*

Cycling Tourism- Building A Gravel Bike Destination	**Juan DelaRoca**, *Gravel Adventure Field Guide*	*Ballroom South****

Gravel cycling's explosive growth in participation and tourism over the last decade has reinvigorated rural communities throughout the United States. The sport has produced a pathway for cities and towns to establish themselves as gravel bike destinations. A close proximity to an extensive unpaved road network effectively generates economic and community development in places caught in decades of boom and bust cycles.

Minimal recreation infrastructure needs is what makes gravel cycling tourism attractive to a community. Promoting unpaved county and forest service roads requires little upfront investment, which makes gravel cycling an accessible means for achieving the benefits of an outdoor recreation economy. Roads are existing infrastructure. Beyond yearly

maintenance, unpaved roads are part of the existing landscape. Unlike mountain biking, no financial investment in land and/or trail building is required.

A number of communities are utilizing adjacent roads to generate destination visitation. Examples of where it has been done include Emporia, Kansas, Trinidad, Colorado. While others like Greenville, Maine are beginning to establish themselves. The soaring popularity of gravel race events is impacting rural America. High profile events, like the Unbound Gravel in Emporia, draws thousands on event weekends, and contributes to year round visitation. Today, it produces $7+ million in tourism spending.

The growth of gravel cycling tourism is energizing rural America because it has the potential to attract new residents and visitors after decades of economic decline in many cases. Increasingly, quality of life is cited by many as a reason for migration out of urban areas towards rural ones. The nostalgia associated with a dirt road is breathing new life and bringing prosperity to places that have fallen behind as agricultural and natural resource extraction output diminished. Gravel cycling tourism has become the new gold standard in the U.S. outdoor recreation economy.

***Juan DelaRoca**, Co-founder of Gravel Adventure Field Guide, a pocket-sized travel cycling guidebook with curated routes, including QR codes that link to digital GPS live navigation. Art, short stories, and local business elements enhance the storytelling of a destination to elevate the community's culture, history and scenery to inspire visitation and sustainably grow the recreation and tourism economy of a destination.*

Gravel Adventure Field Guide has produced unique guidebooks for over a dozen destinations across the United States, including established cycling tourism destinations like Fruita, Colorado, Bend, Oregon, Bellingham, Washington, and Roanoke, Virginia., as well as emerging rural gateway communities.

Juan has been thought leader in multicultural marketing having authored the MAS (Multicultural Action Sports) Snow Sports Report in 2011 and managing a competitive national snowboard program for Mexico (2013-2017). He has also served on various boards that includes skatepark and mountain bike construction. Juan has also taught sports and recreation classes at Trinidad State College.

He holds a bachelor's in history from the University of Colorado and master of sports administration from Ohio University.

APBP Presents: Profiles in Active Transportation	**Kevin Neill**, *Lochmueller Group*; **Bailey Waters**, *City of Kansas City;* **Jared Tremblay,** *Flint Hills MPO,* **Patrick Trouba,** *Mid-America Regional Council;* ***Laurel Harrington****, Lochmueller Group*	*Event Center South*

Across Missouri, planners, engineers, landscape architects, and other professionals are working to create safe, connected, and equitable transportation systems for people of all ages and abilities. Come join the Association of Pedestrian and Bicycle Professionals (APBP) Missouri-Kansas Chapter for a moderated panel discussion and meet some of the people who are shaping Missouri's active transportation landscape. You'll hear from a diverse cross-section of public, private, and advocacy professionals as they share their inspiration, professional journeys, career highlights, and lessons to help professionals and advocates alike build inclusive transportation systems in their communities.

Kevin Neill*, Senior Planner with the LochMueller Group, is certified planner and road safety professional with over 15 years of experience in active transportation planning, policy, and implementation. Kevin is Co-Chair of the Missouri/Kansas Chapter of the Association of Bicycle & Pedestrian Professionals - and hopes you will consider joining APBP and the Missouri/Kansas Chapter!*

Bailey Waters is *Chief Mobility Officer at the City of Kansas City, Missouri. Bailey graduated with a degree in Civil Engineering from Kansas State University. She has worked at BHC Rhodes, Kiewit, and Kimley-Horn. She is Co-Chair of the Missouri/Kansas Chapter of the Association of Bicycle & Pedestrian Professionals and also hopes you will join!*

Jared Tremblay *is Planning Manager at Flint Hills MPO. His knowledge and passion for cycling, along with his extensive experience with mapping and data analysis, have been instrumental in increasing the MPO's capacity to serve its jurisdictions. Jared's commitment to improving active transportation was recognized by the Governor's Council on Fitness by designating him the 2021 Kansas Health Champion.*

Prior to joining the Flint Hills MPO, Jared worked for the City of Manhattan, beginning as a GIS Technician and later as the Infrastructure Analyst. He also served as the Staff Liaison to the Bicycle & Pedestrian Advisory Committee where he worked towards increasing safety and facilities for cyclists and pedestrians. He began his career in GIS with MJ Harden, working on a wide range of projects including pipeline mapping, LiDAR classification, and imagery analysis.

Jared's passion for creating a multi-modal transportation system are evident in his personal choices and commuting habits. Most of the time, you will see Jared walking, biking, or taking transit to meetings, leaving his vehicle at home.

***Laurel Harrington** is Senior Landscape Architect with the Lochmueller Group. Laurel has over 30 years of experience in campus development, urban design, business district redevelopment, and active transportation planning. Laurel received a Bachelor of Landscape Architecture, Cum Laude from Michigan State University and has worked in policy planning and design fields. She has written award-winning master plan documents and has been a presenter at national and regional conferences including American Society of Landscape Architects (ASLA), National Recreation and Parks Association (NRPA), Missouri Green Industry, Society for College and Urban Planning (SCUP), New Direction in the American Landscape (NDAL) and MoDOT TEAM Conference. She is the Vice President for Emerging Professional for the St. Louis Chapter ASLA, a member of the St. Louis Council of Construction Consumers Diversity Committee and a founding member of the Washington University Sam Fox School Master of Landscape Architecture Advisory Council.*

***Patrick Trouba** is transportation planner for Mid-America Regional Council (MARC), the metropolitan planning organization for the Kansas City metro area. His role at MARC focuses on active transportation. His projects in this role have included updates to the Complete Streets Policy, Complete Streets Network Assessment, and the Regional Trails & Bikeways Map.*

The Ozark Trail	**Kathie Brennan**, *Ozark Trail Association*	*Event Center North*

Kathie will present a PowerPoint with information on the vision of the Ozark Trail Association, a 501c3 nonprofit organization whose mission is to develop, maintain, preserve, promote, and protect the rugged natural beauty of the Ozark Trail and give a detailed overview of the Ozark Trail. She will also share current projects that our volunteers are engaged in.

***Kathie Brennan,** President of the Ozark Trail Association. Kathie has served in many roles since 2005 including crew leader, sawyer, adopter, and board member.*

Second Breakout Session (three choices)

11:20am-12:10pm

****Sessions held in Ballroom South will be broadcast for Virtual Summit attendees to view.*

Making the Magic Happen – Magic Dragon Trails Project at Lake of the Ozarks	**Stacy Pyrtle**, *Magic Dragon Trails Committee & Community Foundation of the Lake;* **Jan Pyrtle**, *Magic Dragon Trails Committee*	*Ballroom South****

In our session we would like to cover the formation of the Magic Dragon Trails Project at the Lake of the Ozarks, share insights on what it could bring to the State of Missouri by driving tourism and economic development, share how the project has progressed and where we are headed, and successes and struggles we have had. The original Master Plan for the project includes 70 miles of multi-use recreational trails around the Lake Area and eventually we would like to connect all the way around the lake and have a spur connecting into the Rock Island trail at Eldon so people from either side of the state could ride all the way to the Lake of the Ozarks.

Stacy Pyrtle, *Recording Secretary for Magic Dragon Trails Committee and President of Community Foundation of the Lake which is the nonprofit that initiated the Magic Dragon Trails Project. Stacy is an avid hiker and walker who has learned more about building trails, multi-modal transportation, grant writing and working with Federal, State and Local government entities and fundraising than she ever thought she would in her retirement!*

Jan Pyrtle, *President Magic Dragon Trails Committee - janpyrtle@gmail.com. Jan is a passionate biker, enjoying both mountain and road riding for over 30 years. He helped build and maintain mountain bike trails in North Central Missouri for years and was shocked when he retired to the Lake of the Ozarks to find so few mountain bike trails and even fewer safe places to road ride. As a board member of Community Foundation of the Lake he presented the idea of building a trail network that would connect visitors and locals to area attractions and the natural beauty of the Lake of the Ozarks.*

Building a Statewide Active Transportation Program: Lessons from Kansas DOT	**Tammy Sufi,** *Transportation Planner and the Director of Toole Design's Kansas City Office;* **Jenny Kramer,** *Active Transportation Manager for the Kansas Department of Transportation (KDOT)*	*Exhibit Center South*

This session will provide an overview of how a variety of programs and funding efforts at the Kansas Department of Transportation (KDOT) are working together to increase the safety and convenience of walking, biking, and rolling. Participants will learn about how momentum has been building at the state level, the importance of developing a statewide Active Transportation Plan, the role of the Kansas Vulnerable Road User Safety Assessment, the evolution of the Kansas Transportation Alternatives Program, the Kansas Safe Routes to School reboot, tools, resources, and more.

Tammy Sufi, *Transportation Planner and the Director of Toole Design's Kansas City Office. For more than 20 years, she has worked closely with communities to develop plans and policies that promote safe and reliable transportation choices for people of all backgrounds including Pedestrian and Bicycle Plans, Safe Routes to School Plans, and Complete Streets design guidelines. Tammy led the development of the Kansas Active Transportation Plan and currently oversees Toole Design's work on several other active transportation initiatives for the Kansas Department of Transportation.*

Jenny Kramer, *Active Transportation Manager for the Kansas Department of Transportation (KDOT). Jenny has a public health background and recently managed the development of the Kansas Active Transportation Plan. In addition, to providing ongoing support to Kansas communities, she manages KATE, the Kansas Active Transportation Enhancement program, which aims to implement active transportation infrastructure and programming in Kansas communities of all sizes. She also oversees Transportation Alternatives grant applications and awards.*

Enhancing Community Vitality and Sustainability through ADA-Compliant Active Transportation Initiatives	**Jerany Jackson**, *Institute of Transportation Engineers, American Planning Assoc., American Society of Landscape Architecture*	*Exhibit Center North*

The presentation explores the transformative impact of ADA transition plans on community health, vibrancy, and economic sustainability by promoting bicycling, walking, and trail development. We will showcase successful case studies of municipalities that have integrated comprehensive ADA-compliant infrastructure to create inclusive, active transportation networks. By prioritizing accessibility, these communities not only comply with federal regulations but also enhance the quality of life for all residents, including those with disabilities.

Key themes include the economic benefits of increased foot and bicycle traffic to local businesses, the health advantages of promoting active lifestyles, and the social cohesion fostered through accessible public spaces. Additionally, we will discuss the challenges

and strategies involved in planning and implementing these projects, emphasizing stakeholder engagement, funding mechanisms, and innovative design solutions.

Attendees will gain insights into best practices for developing ADA-compliant active transportation plans that drive economic growth, improve public health, and create vibrant, inclusive communities. The presentation aims to inspire urban planners, local government officials, and community advocates to champion accessibility in their efforts to build sustainable and thriving urban environments.

Ms. Jerany Jackson, *earned her BLA in Landscape Architecture from the University of Arkansas and holds an MBA from the University of Phoenix. With over 30 years of experience working for both private and public entities, she specializes in management and team building, planning, and innovative, functional site design for a wide variety of clients. In addition to facilitating numerous public meetings, she has also authored comprehensive City Plans, Economic Development Plans, and numerous grant applications. Ms. Jackson has experience in all aspects of planning, design, and construction and has overseen the construction of hundreds of miles of Greenway Trails and sidewalks, as well as assisting communities in revitalizing downtown areas through infrastructure and aesthetic improvements.*

Jerany holds memberships in the Institute of Transportation Engineers, American Planning Association, the American Society of Landscape Architecture, is a Past President of the Council of Landscape Architecture Registration Board (CLARB), the American Society of Landscape Architecture, Ozark Greenways, Inc. – Technical Committee & Land Trust Committee, is on the Tree City USA Technical Committee for the City of Springfield, and previously served on the Missouri Board for Land Surveyors, Professional Engineers, and Landscape Architects. She is a licensed Professional Landscape Architect in Missouri and Texas.

Lunch

12:10-1:30 LUNCH – (*Lunch on your own- there are many options within easy walking distance of Isle of Capri or within the casino property itself)*

Lunch options: *These are the local options within the shortest distance from Isle of Capri. A complete listing of Boonville Eaterie can be found at: https://goboonville.com/eat/*

Brew Brothers: Isle of Capri Casino (Pub Fare)
Tradewinds: Isle of Capri Casino (American Cuisine)
Godfathers Pizza: 205 E Morgan Street, Boonville, Mo
Main Street Diner: 201 Main Street, Boonville, Mo
Palace Restaurant: 225 Main Street, Boonville, Mo

Third Breakout (three choices)

1:30pm-2:40pm

****Sessions held in Ballroom South will be broadcast for Virtual Summit attendees to view.*

Active Transportation Design Snapshot: Tools, Guides, and Resources	**Tammy Sufi,** *Transportation Planner and the Director of Toole Design's Kansas City Office*	*Ballroom South****

Active Transportation Design is constantly evolving. This session will provide a snapshot of the key elements of design for the safety and comfort of active transportation users. Topics covered will include speed management, separation of users, crossing treatments, signals, lighting and more. The session will also highlight tools and resources.

Tammy Sufi, *Transportation Planner and the Director of Toole Design's Kansas City Office. For more than 20 years, she has worked closely with communities to develop plans and policies that promote safe and reliable transportation choices for people of all backgrounds including Pedestrian and Bicycle Plans, Safe Routes to School Plans, and Complete Streets design guidelines. Tammy led the development of the Kansas Active Transportation Plan and currently oversees Toole Design's work on several other active transportation initiatives for the Kansas Department of Transportation.*

Blue River Greenway Vision & Osage Hills Connection Route	**Bill Blessing,** *Member of Leawood KS Bike-Walk and Sustainability Committees;* **Teresa Heckenlively,** *St. Clair County Economic Development Director for Kaysinger Basin Regional Planning Commission*	*Exhibit Center South*

Blue River Greenway Vision: Originating from headwaters surrounded by natural wetlands, forests, grasslands, pasture, and cropland, the Blue River flows through economically, racially, and ethnically diverse suburban neighborhoods and heavily industrialized areas. Marquee regional and local parks are strung along the river like green pearls. Repeated floods decimated its industrial base and neighborhoods, urban runoff pollutes its waters, habitat loss threatens native species, and a lack of physical access prevents Kansas Citians from using it. Some do not even know it exists. This diversity is a challenge and a tremendous opportunity for the river corridor to restore physical, environmental, ecological, ethnic, socioeconomic, and political connections.

When completed, the Blue River Greenway will be the backbone of a healthy, prosperous, connected, and resilient region. Numerous municipal and not-for-profit partners (Partners) are collaborating to fully protect, connect, and restore the Greenway from the Overland Park Arboretum in suburban Johnson County, Kansas, to Corrington Park in urban Kansas City, Missouri, near the confluence with the Missouri River. The completed Blue River Greenway will:

- Become a regional destination to live, work, and play
- Complete the linchpin of our regional greenways
- Strengthen natural, transportation, social, economic, and political connections
- Reduce flooding & improve water quality
- Draw down CO2 and help achieve carbon neutrality
- Improve air quality
- Cool the urban heat island
- Provide equitable access to nature and healthy outdoor recreation
- Promote zero-waste ("circular") economic development and provide green-collar jobs
- Connect residents and workers to local jobs
- Create a model and catalyst for revitalizing our region's waterways

This Vision and Implementation Strategy is based on decades of collaboration, extensive neighborhood engagement, and the best available data. The program builds on our public lands and trails, identifying gaps and opportunities to secure land and public access, protect and enhance habitat, and fully connect trails and communities. The following pages: 1) Present the Greenway vision's many community benefits; 2) outline the implementation program, key projects, and focus areas; and 3) document the funding and resources needed to achieve it.

Bill Blessing, *Member of Leawood KS Bike-Walk and Sustainability Committees, and alternate member of MARC (KC) Bicycle-Pedestrian Advisory and Active Transportation Programming Committees Board member of Heartland Conservation Alliance and The Nature Conservancy (Kansas Chapter).*

AND

Osage Hills Connection Route: *How three counties and several municipalities are working together to create a mostly county road bike route to connect the Frisco Trail in Bolivar MO to the Katy Trail in Clinton MO. I'll talk about how we got started, what key players we contacted, where the route stands today and the other activities it has inspired.*

Teresa Heckenlively, *St. Clair County Economic Development Director for Kaysinger Basin Regional Planning Commission. I have worked to help the City of Osceola pass a*

Complete Street (Livable Street) Ordinance and Plan. I have worked with MRT to conduct sidewalk audits in Lowry City and Appleton City. I believe our communities deserve safe accessibility to our everyday destinations and that by having that we can maintain and attract a strong workforce ensuring we have a seat at the table for years to come. Teresa Heckenlively, St. Clair County Economic Development Director, Kaysinger Basin RPC 660-885-3393 theckenlively@kaysinger.com

One Map to Rule the Region: Making the Greater Kansas City Regional Trails & Bikeways Map	**Patrick Trouba**, *Mid-America Regional Council (MARC)*	*Exhibit Center North*

The Greater Kansas City Regional Trails & Bikeways map is a popular resource in the metro area, with a paper edition printed every two years, and the newest edition printed earlier this year. This presentation will cover the production process and the decisions made to improve the map, the challenges in making a regional-scale map, the distribution process, what we know about the map's audience so far, lessons learned and possible future improvements. The goal is to provide the audience inspiration and a template for developing their own trails and bikeways map.

Patrick Trouba, *transportation planner for Mid-America Regional Council (MARC), the metropolitan planning organization for the Kansas City metro area. His role at MARC focuses on active transportation. His projects in this role have included updates to the Complete Streets Policy, Complete Streets Network Assessment, and the Regional Trails & Bikeways Map.*

Fourth Breakout (three choices)

3:05pm-3:45pm

****Sessions held in Ballroom South will be broadcast for Virtual Summit attendees to view.*

KC's zero-fare bus: impacts and citizen science walk audits to address barriers to bus use AND Access to public bike share to increase opportunities for physical activity among college students	**Dr. Amanda Grimes,** *associate professor of Health Sciences at the University of Missouri-Kansas City* **Madhura Leninkannan**, *Research Assistant, University of Missouri Kansas City ACTIVE Lab*	*Ballroom South****

Public transit is associated with increased active travel and plays a crucial role in shaping social determinants of health, yet various neighborhood factors pose challenges to its usage. This presentation will have 2 main objectives: 1) Describe a citizen scientist initiative assessing the impact of neighborhood environment features near bus stops on health, physical activity, and the utilization of the Kansas City bus system, and 2) Present findings on how KC's zero-fare bus has impacted community members' health, physical activity, and well-being.

Dr. Amanda Grimes *is associate professor of Health Sciences at the University of Missouri-Kansas City. Her research focuses on physical activity and the associated health and social influences across demographic groups and has a particular focus on active transportation. Some of her current work focuses on bike share and evaluating how the zero-fare bus in KC impacts active transportation and health.*

Madhura Leninkannan *is Research Assistant with the University of Missouri Kansas City ACTIVE Lab, recently graduated from the University of Pittsburgh, where she majored in Interdisciplinary Studies (Social Medicine). She has served as the Co-Director for Dhirana (a charity Indian classical dance competition), mentored international students through Global Ties, acted as a coordinator for clinical research on pediatric traumatic brain injuries, and tutored ESL students learning English.*

Missouri's Need for A Statewide Active Transportation Plan	**Jackson Hotaling,** *Community Engagement Director, Missourians for Responsible Transportation;* **Taylor March,** *Executive Director, Missourians for Responsible Transportation*	*Exhibit Center South*

This session will cover: What is a statewide active transportation plan? What are the benefits of a statewide plan for Missouri? Timeline/current status? How you can get involved in this process: Missouri Complete Streets Advisory Committee

Jackson Hotaling, *Community Engagement Director, Missourians for Responsible Transportation. Jackson Hotaling is a history aficionado and world traveler residing car-free in Columbia, Missouri. Jackson has traveled on foot, bike, and public transit to more than 2,000 US counties and 60 countries for work and pleasure. During his adventures, it became apparent how imperative accessible, safe, and reliable transportation options are to meeting basic needs. With Missourians for Responsible Transportation (MRT), Jackson sustains his passion for transportation equity by learning from and connecting with people from all backgrounds who want to increase walking and rolling options in their*

communities. He takes what he's learned from Missourians to broad coalitions across the state to influence systemic and lasting change, such as the recent achievements with statewide coalitions to enact distracted driving legislation and to establish Rock Island Trail State Park.

Taylor March, *Executive Director, Missourians for Responsible Transportation. As Executive Director for Missourians for Responsible Transportation, Taylor March prioritizes organizing and relationship building in his efforts to address transportation insecurity and inequities. Taylor brings close to 9 years of professional experience in the nonprofit transportation advocacy space. Taylor has worked at various levels and in several roles over the years to advance the needs of people walking, rolling, and taking transit, from policy and government relations to grassroots organizing, door knocking, and youth education. Taylor brings the lived experience of a parent who primarily gets around without a car and an engineer who has a deep personal understanding of street design and its impacts. He utilizes skills in public speaking, community engagement, grassroots organizing, urban planning, and familiarity with federal and local transportation funding programs to help neighborhoods and communities create streets that address their needs. Taylor has led community engagement and technical planning events across Missouri through the use of tools such as walk audits and pop-up traffic calming demonstrations. Personally, he is known for careful and precise explanations of the transportation system we are trying to change, his help changing a flat, and his ability to always find time to listen.*

USBR 51 – A cross-state bicycle touring route	**Brent Hugh**, *Missouri Bicycle & Pedestrian Federation*	*Exhibit Center North*

U.S. Bicycle Route 51 isa new cross-state bicycle route set to be officially adopted as part of the U.S. Bicycle Route system soon. USBR 51 and USBR 251 are more than 650 miles in length and connect 48 Missouri communities stretching from Jane in far southwest Missouri to Bethany in northwest Missouri. How was USBR 51 developed? What were the challenges and pitfalls along the way, and how did we overcome them? What are the benefits for communities along the way? How do state and national route fit into and complement your local route, trail, and bikeway system? How do we plan to promote and market the route once it is officially designated? How can your community take our lessons learned and create local, regional, statewide, and national bicycle routes?

Brent Hugh, *Executive Director of MoBikeFed. Brent has two bachelor's degrees and three graduate degrees in the fields of mathematics and music performance from Brigham Young University, Utah State University, and the University of Missouri-Kansas City Conservatory of Music. He has been webmaster, president, and since 2005, Executive Director of the Missouri Bicycle & Pedestrian Federation.*
Brent lives in Raytown, Missouri, with his wife, Jan, where he puts about 5,000 miles per year on his fleet of three recumbent bicycles, a road bike, and a mountain bike. His 26 year old son Jonathan and 18 year old daughters Naomi and Amanda are also avid cyclists, walkers, and trail users.

Social Hour

4:00-7:00 Summit Social Hour in the Conference Center

- **Happy hour(s) - Drink Ticket Provided**
- **BikeMO Packet Pickup**
- **Missouri Active Tourism Working Group organizing meeting (4-5pm)**

APBP is a community of practitioners working to create more walkable, bikeable places. We foster peer knowledge sharing, advance technical expertise, and support the professional development of our members who work in government. consulting firms. and in non-profit organizations in the fields of transportation planning and engineering, urban design and planning, public health and active living.

We have a variety of membership categories sure to fit your needs - Professional, Advocate, Young Professional, Student, or Retired. Groups of 5 or more with the same employer or agency can join together at a 20% discount.

Benefits of Membership:

- Network with an online community of over 1,200 professionals who share a passion for bicycle and pedestrian transportation and a vision for the role that sustainable transportation can play in communities.
- Participate in APBP's dynamic and acclaimed listserv, open only to our members.
- Save money with reduced fees for APBP's monthly webinars, publications and biennial conferences.
- Stay informed with our weekly e-newsletter.
- Search the Career Center for job openings.
- Participate in the annual APBP Mentor Program.
- Gain access to scholarship programs for professional meetings.

Find out more or join Missouri/Kansas Chapter of APBP at https://APBP.org/chapters

The Missouri Bicycle and Pedestrian Federation is a statewide coalition of bicyclists, walkers, runners, trail organizations and related businesses which represents over 50,000 Missourians and advocates on behalf of the state's two million ardent bicyclists and six million walkers. Find out more or join the Federation at:

www.MoBikeFed.org

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JOIN MOBIKE FED FOR A SEASON OF RIDING, CAMPING, & ADVOCACY

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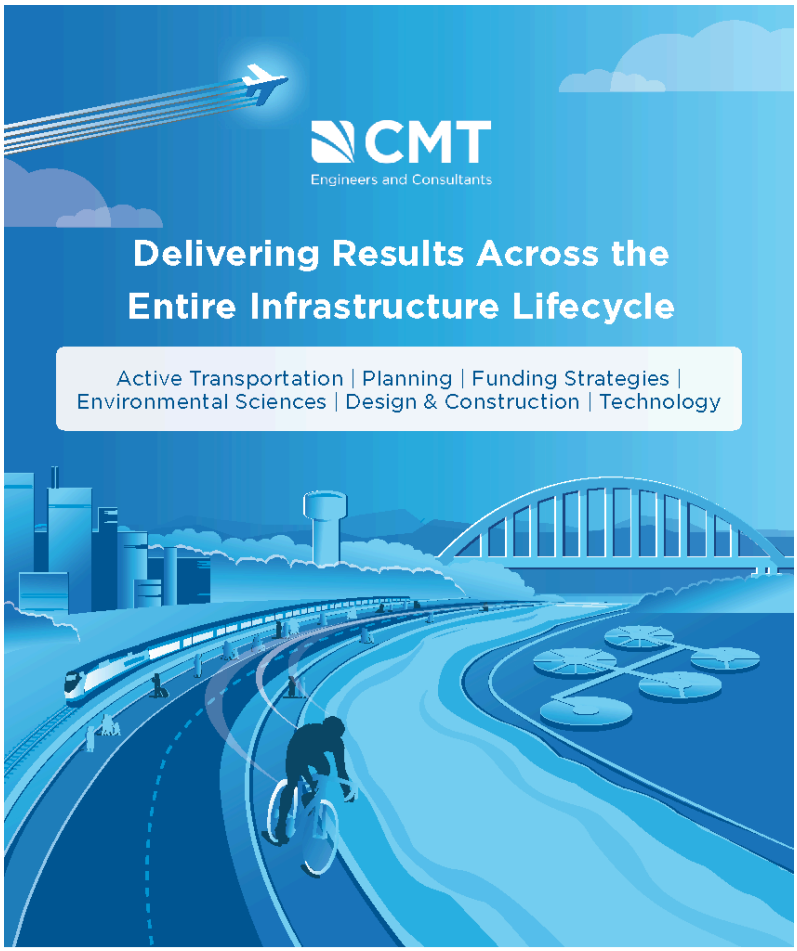
CONTACT BRENT HUGH FOR MORE INFO
816-695-6737



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