

Activism for a Healthier Community

Livablestreets Lee's Summit

Ed Kraemer, M.D.

Co-chair, Health Education Advisory Board
Inaugural Chair, Livable Streets Advisory Board
Assistant Professor, UMKC School of Medicine



community activity vibrant
development



Active Living

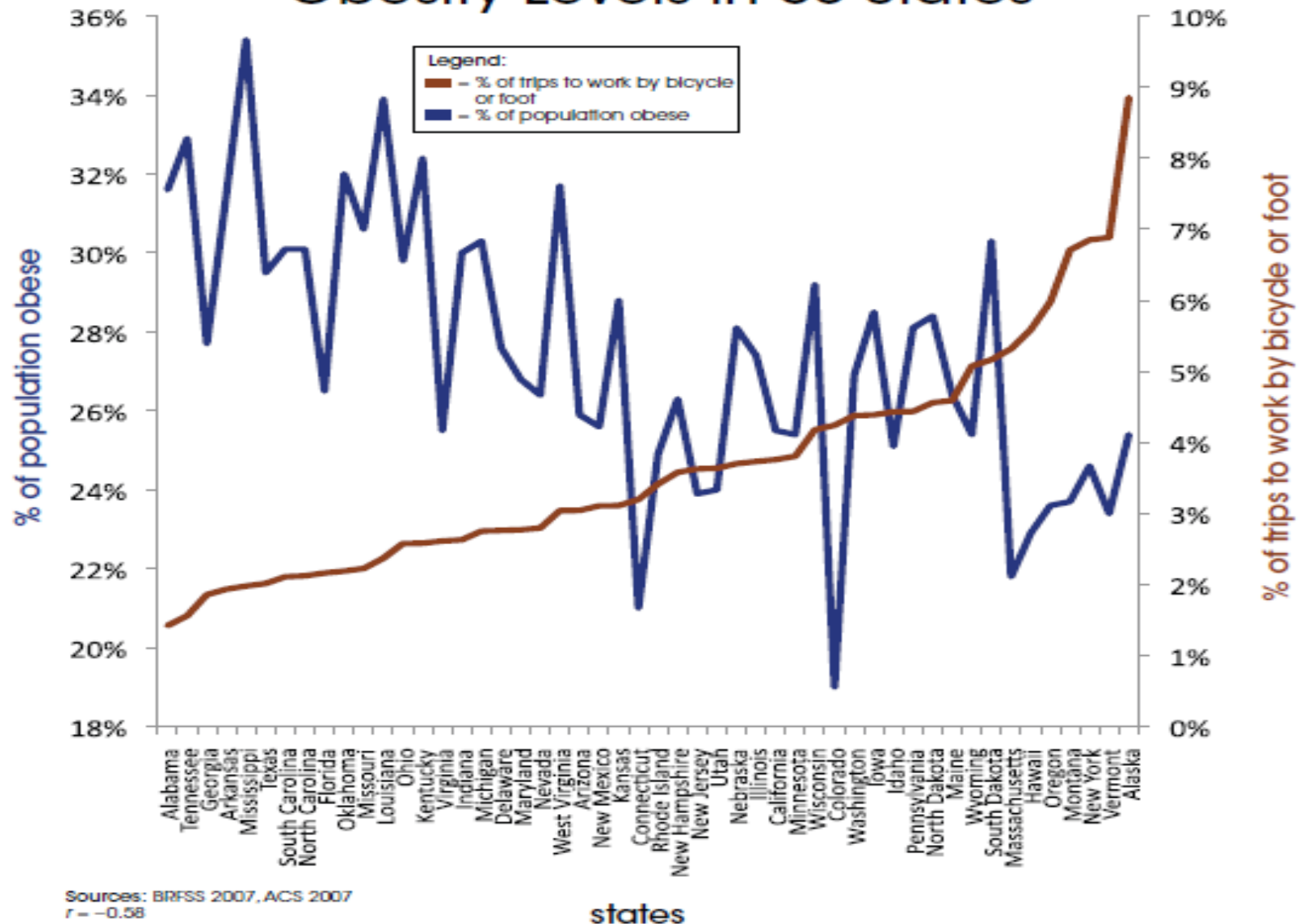


Public

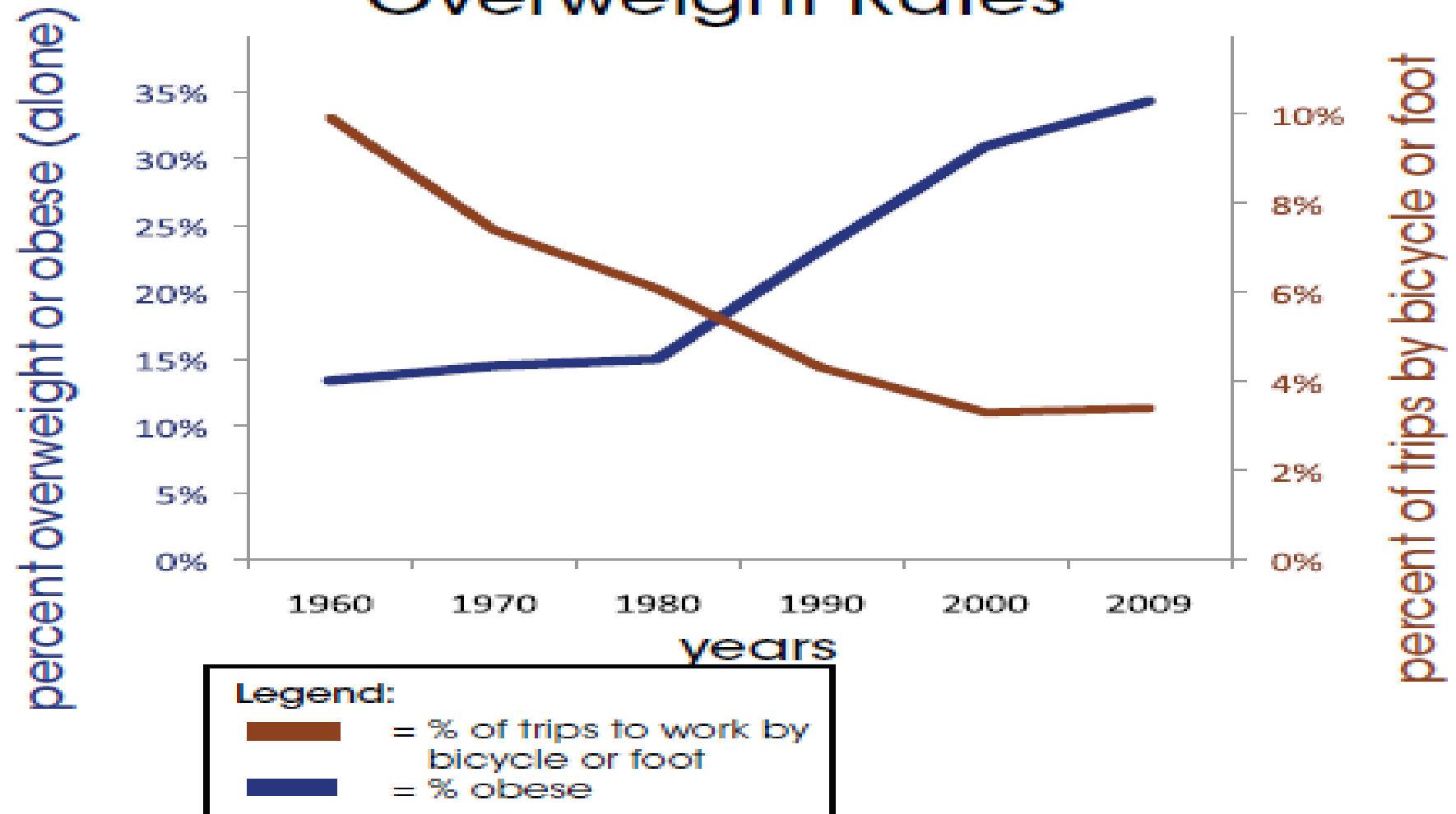
Health

Obesity

Comparing Bicycling and Walking to Obesity Levels in 50 States



Change in Bicycling and Walking Rates vs. Adult Obesity and Overweight Rates



Sources: Ogden and Carroll 2010, Census 1960, 1970, 1980, 1990, 2000, ACS 2009; $r = -0.93$ (bicycle + walk/overweight) $r = -0.87$ (bicycle + walk/obesity)



Sidewalk
to
nowhere



Disappearing
shoulder

Bicycle Friendly??



Please join us for a

Bicycle Friendly Evening



May 21 • 7:00 – 9:00 p.m. • Free and open to the public
Old Shawnee Town Hall • 11600 Johnson Drive • Shawnee, Kansas
Light refreshments provided

May 2008

Physician Activism
Livablestreets Lee's Summit

Bicycle Friendly Community?



Complete Streets!



Great Idea!

Livable Streets = Complete Streets

Our streets are for *everyone* to use...

- Motorists
- Pedestrians
- Bicyclists
- Transit Riders
- People of all ages, abilities & disabilities

...We should build them that way!

Citizen involvement

Elected Officials & Staff

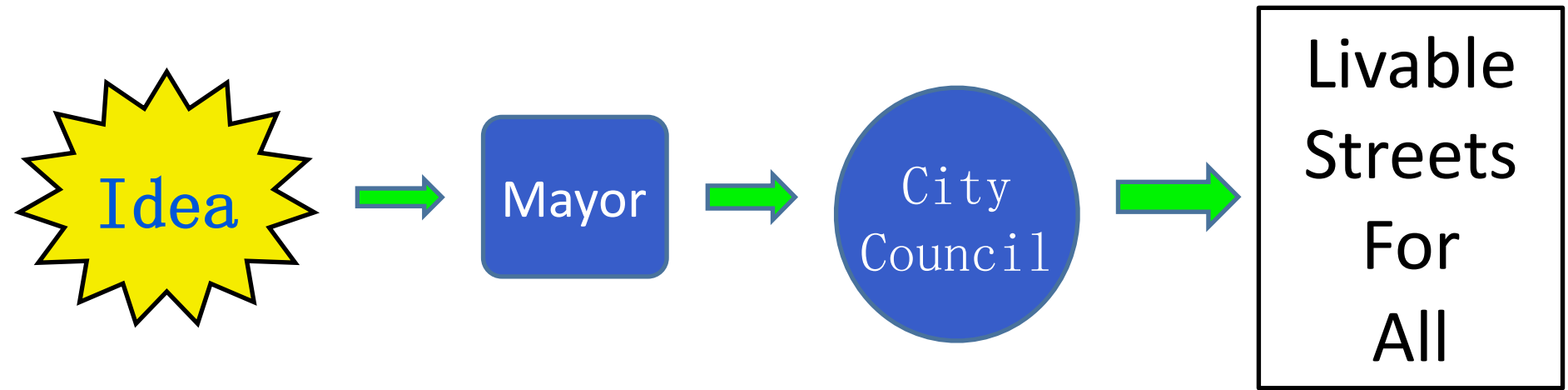
POLICY

Built Environment

Physical Activity

Public Health

The Plan



Reality

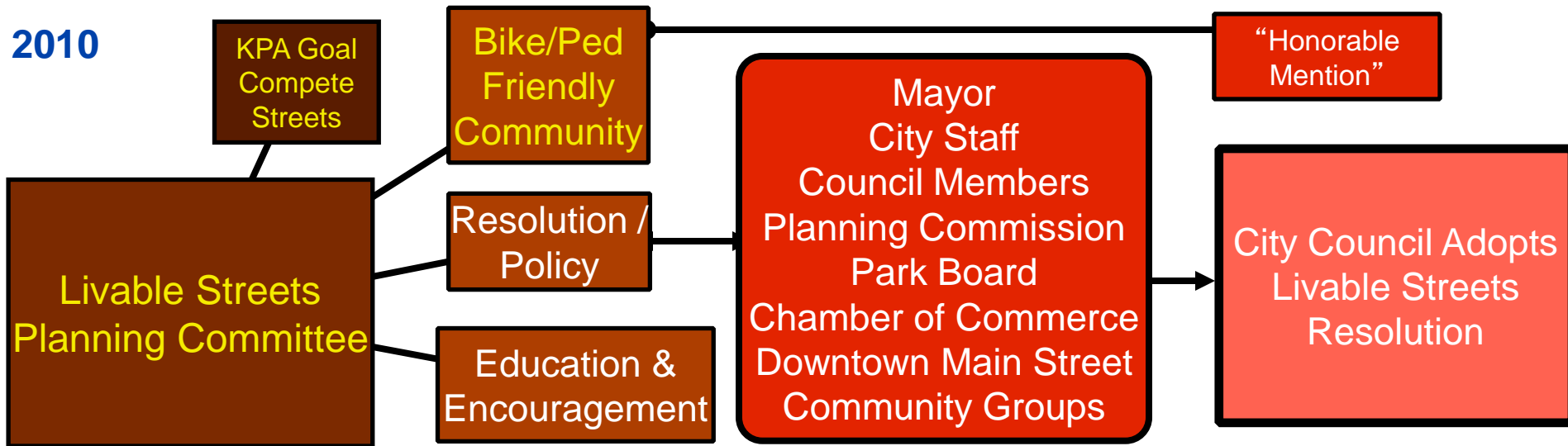
2008

y

2009



2010

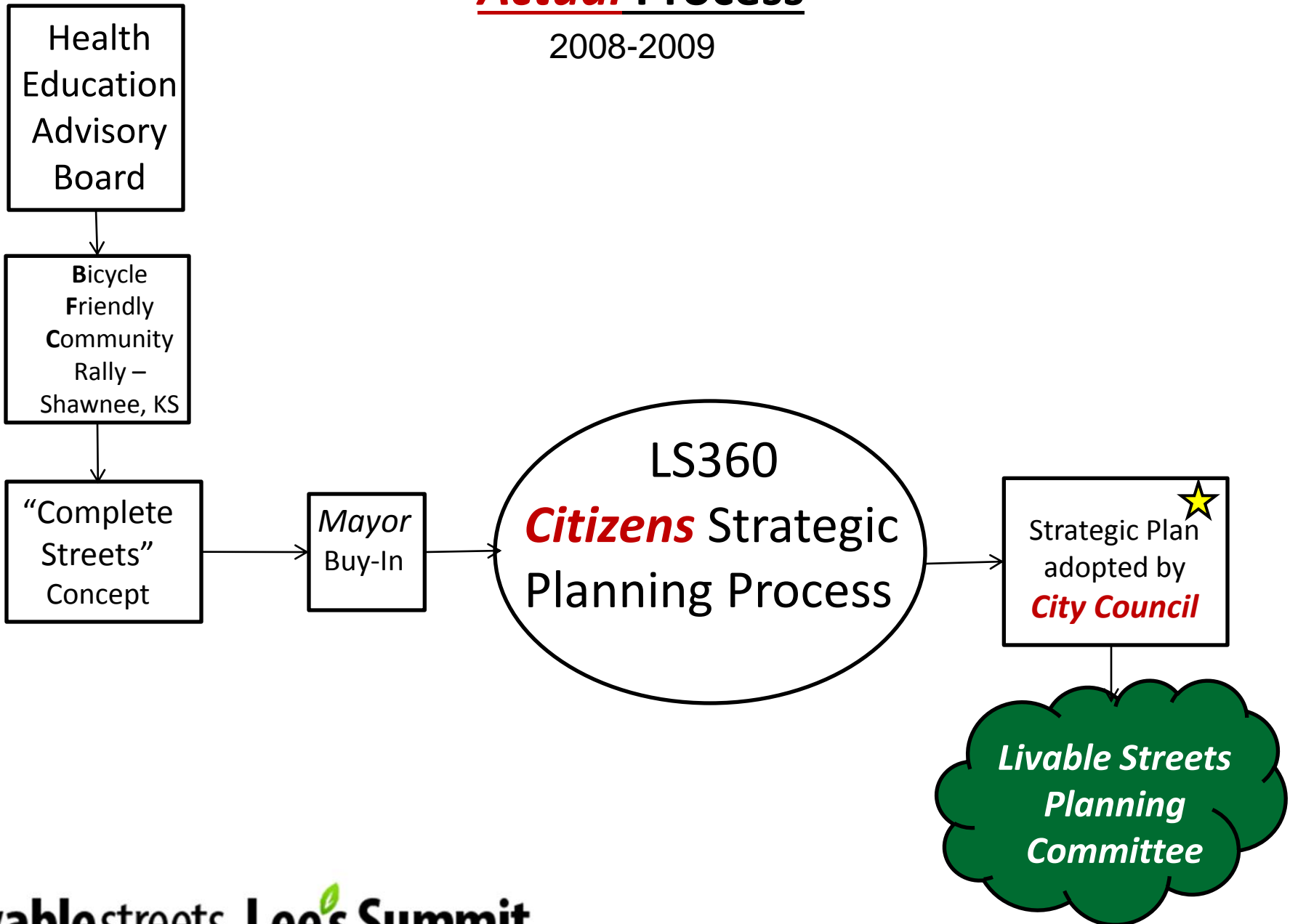


2011...

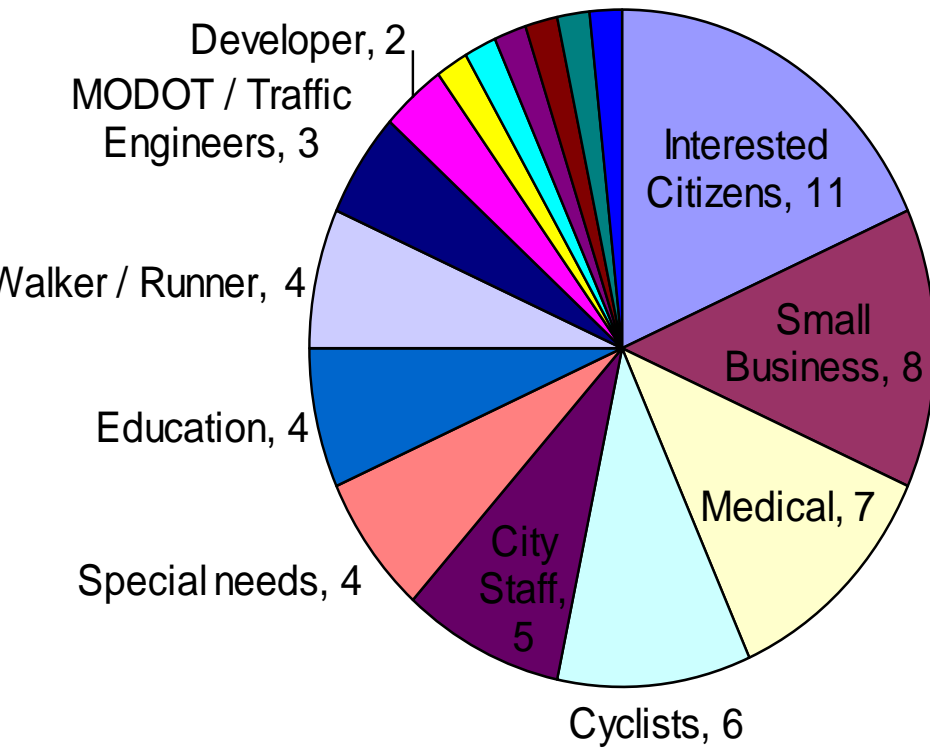


Actual Process

2008-2009



Livable Streets Planning Committee Composition



Subcommittees:

Education & Encouragement

- *Livable Streets concept*
- Safe Walking/Biking/Driving
- National Bike (and Walk) Month
- International Walk to School Day
- www.livablestreetsls.com
- Facebook: Livable Streets Lee's Summit

International Walk to School Day!



Support for a Livable Streets Resolution

- Lee's Summit 360 Citizens Group
- Park Board
- Health Education Advisory Board
- Planning Commission
- Downtown Main Street
- Lee's Summit Medical Center
- John Knox Village
- School District Staff/Administration
- Homes Associations/Property Associations
- Clubs (e.g. Rotary, Lions, Bike)
- **Chamber of Commerce**

Our message to City Council

Shared Vision:

A More

Livable

Community

How to Get there?

Livable Streets Resolution

...a great next step!



2010
Council Adopts
Livable Streets Resolution/**Policy!**

2011
Mayor & Council Create
Livable Streets Advisory **Board!**

Livable Streets Initiatives Enacted after Lee's Summit's

KC Metro:

- Kansas side: Leawood; Overland Park; Kansas City; Roeland Park
- Mo: Kansas City; Independence; Blue Springs; Belton; Grandview

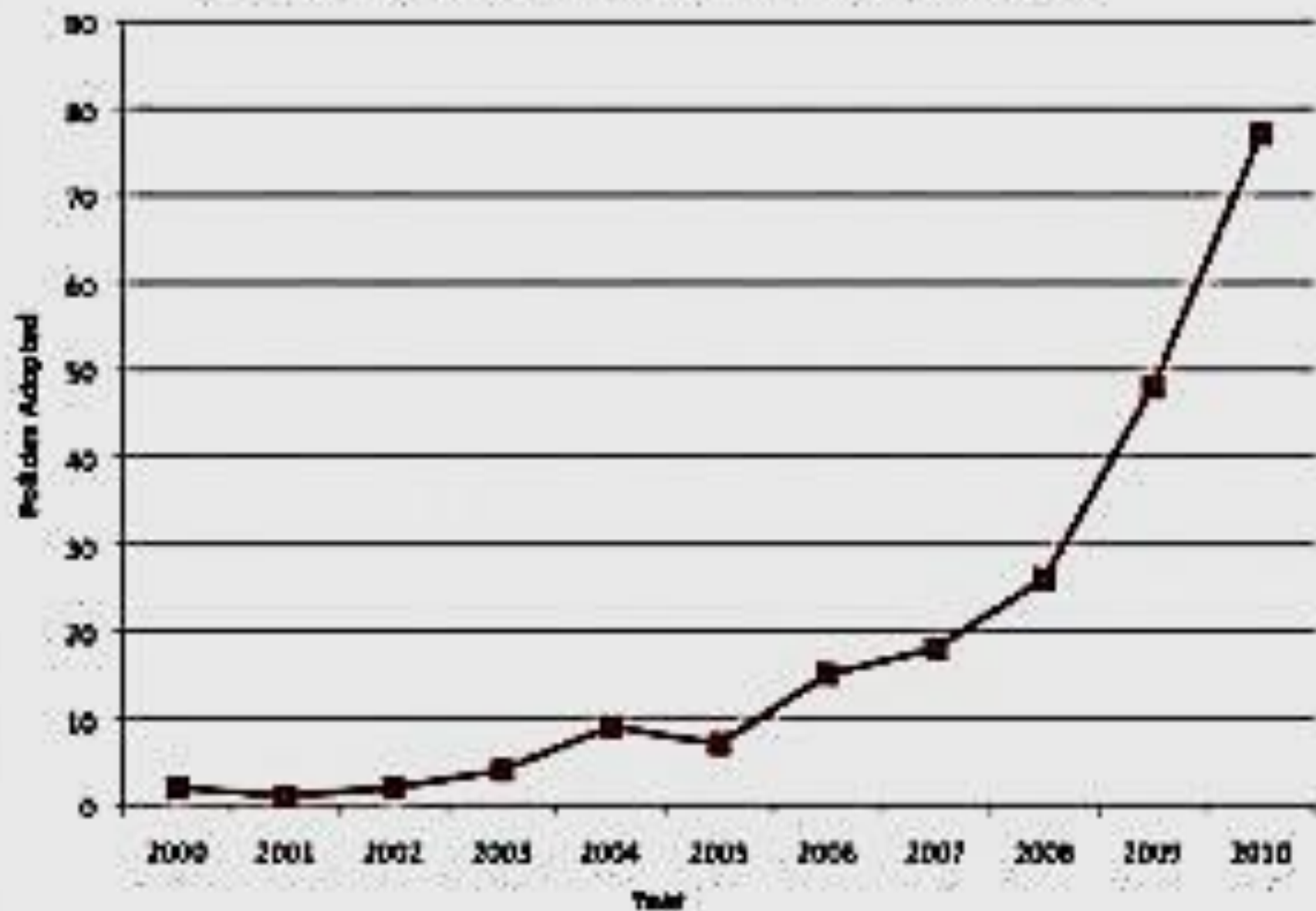
Other Mo. Cities: Springfield; Clayton

Region: MARC

State:

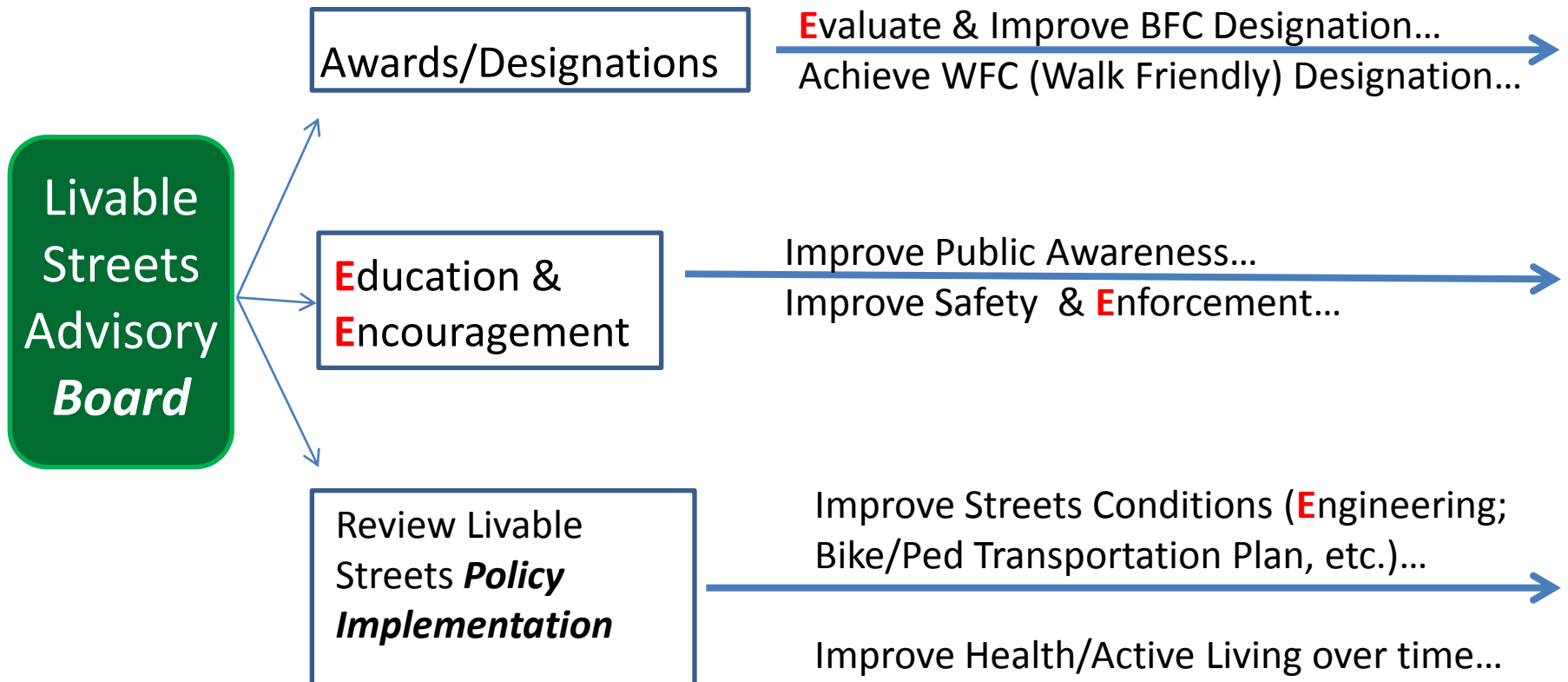
- Missouri Livable Streets
- Legislature: Missouri Complete Streets Resolution 2011

Annual Complete Streets Policy Adoption



Actual Process

2011...and beyond...



...with support of Mayor & Council
(Elected officials) & Staff

Key to Success?

Citizens

+ Staff *(Thanks, Michael!)*

+ Elected Officials

= Success!!

Livablestreetsls.com:

Livablestreets **Lee's Summit**



- > Blogs
- > Contact Us
- > Become a Stakeholder
- > Search

Livable Streets Initiative

Are you a friend of Livable Streets Lee's Summit on Facebook yet?

[If not, then click here!](#)