Activism for a Healthier Community

Livable streets Lee's Summit

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Inaugural Chair, Livable Streets Advisory Board
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Livable streets Lee's Summit

Active Living

Public Health
Obesity

Comparing Bicycling and Walking to Obesity Levels in 50 States

Legend:
- % of trips to work by bicycle or foot
- % of population obese

Sources: BRFSS 2007, ACS 2007
r = -0.58
Change in Bicycling and Walking Rates vs. Adult Obesity and Overweight Rates

Legend:
- Brown = % of trips to work by bicycle or foot
- Blue = % obese

Sources: Ogden and Carroll 2010, Census 1960, 1970, 1980, 1990, 2000, ACS 2009; \( r = -0.93 \) (bicycle + walk/overweight) \( r = -0.87 \) (bicycle + walk/obesity)
Sidewalk to nowhere
Bicycle Friendly??
Please join us for a Bicycle Friendly Evening

May 21 • 7:00 – 9:00 p.m. • Free and open to the public
Old Shawnee Town Hall • 11600 Johnson Drive • Shawnee, Kansas
Light refreshments provided

May 2008
Bicycle Friendly Community?

Complete Streets!

Great Idea!
Livable Streets = Complete Streets

Our streets are for everyone to use...

- Motorists
- Pedestrians
- Bicyclists
- Transit Riders
- People of all ages, abilities & disabilities

...We should build them that way!
Citizen involvement

Elected Officials & Staff

POLICY

Built Environment

Physical Activity

Public Health
The Plan

Idea

Mayor

City Council

Livable Streets For All
Actual Process
2008-2009

Health Education Advisory Board

Bicycle Friendly Community Rally – Shawnee, KS

“Complete Streets” Concept

Mayor Buy-In

LS360 Citizens Strategic Planning Process

Strategic Plan adopted by City Council

Livable Streets Planning Committee
Subcommittees:

Education & Encouragement

- Livable Streets concept
- Safe Walking/Biking/Driving
- National Bike (and Walk) Month
- International Walk to School Day
- www.livablestreetsls.com
- Facebook: Livable Streets Lee’s Summit
International Walk to School Day!
Support for a Livable Streets Resolution

- Lee’s Summit 360 Citizens Group
- Park Board
- Health Education Advisory Board
- Planning Commission
- Downtown Main Street
- Lee's Summit Medical Center
- John Knox Village
- School District Staff/Administration
- Homes Associations/Property Associations
- Clubs (e.g. Rotary, Lions, Bike)
- Chamber of Commerce
Our message to City Council

Shared Vision:

A More Livable Community
How to Get there?

Livable Streets Resolution

...a great next step!
2010
Council Adopts
Livable Streets Resolution/Policy!

2011
Mayor & Council Create
Livable Streets Advisory Board!
Livable Streets Initiatives
Enacted after Lee’s Summit’s

KC Metro:
- Kansas side: Leawood; Overland Park; Kansas City; Roeland Park
- Mo: Kansas City; Independence; Blue Springs; Belton; Grandview

Other Mo. Cities: Springfield; Clayton

Region: MARC

State:
- Missouri Livable Streets
- Legislature: Missouri Complete Streets Resolution 2011
Actual Process

2011...and beyond...

Awards/Designations

Evaluate & Improve BFC Designation... Achieve WFC (Walk Friendly) Designation...

Education & Encouragement

Improve Public Awareness... Improve Safety & Enforcement...

Review Livable Streets Policy Implementation

Improve Streets Conditions (Engineering; Bike/Ped Transportation Plan, etc.)...

Improve Health/Active Living over time...

...with support of Mayor & Council (Elected officials) & Staff
Key to Success?

Citizens

+ Staff (Thanks, Michael!)

+ Elected Officials

= Success!!