

8TH ANNUAL
MISSOURI BICYCLE AND PEDESTRIAN FEDERATION

ACTIVE — *Transportation* — SUMMIT

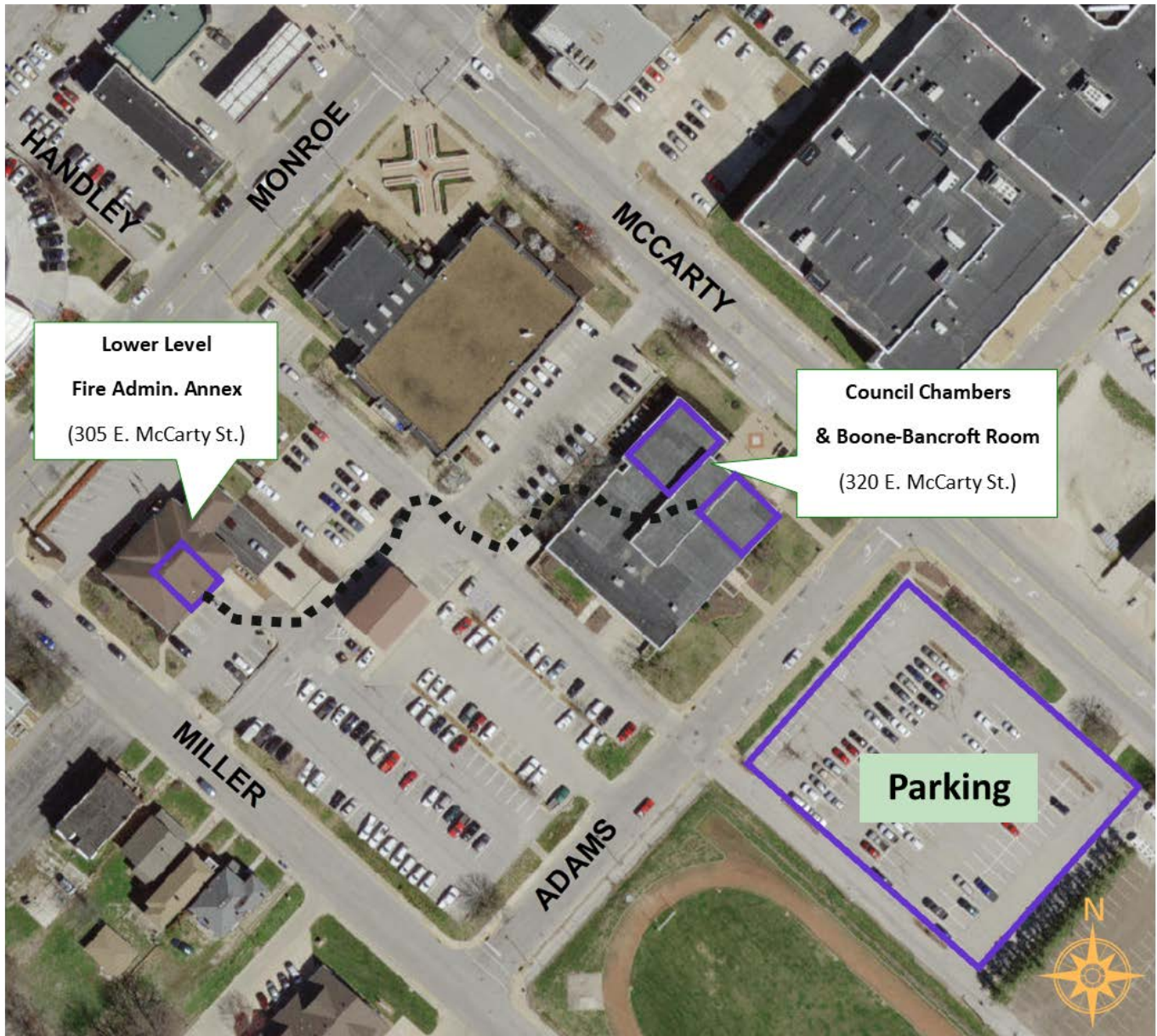
AUGUST 11TH, 2023
JEFFERSON CITY, MISSOURI
AND
VIRTUAL ONLINE SUMMIT VIA TEAMS & YOUTUBE

*Bicycling, Walking, and Trails
Mean Business in Missouri*

Organized and presented by:



Venue



Classrooms

**** Please note that one classroom has changed from previous years. ****

Annex: The Annex is located at 305 E. Miller St. in the lower level of Parks and Recreation /Fire Department Administration building. Please enter on the southeast side of the building adjacent to the parking lot.

City Hall (Council Chambers & Boone-Bancroft Room): Council Chambers and Boone-Bancroft Room are in the City Hall building at 320 E. McCarty St. You may enter on any side of this building, but for the purposes of this event, it is best to enter on the northwest corner near the parking lot, as shown on the map.

Accessible restrooms are available in all locations.

Parking

Free parking is available in Lot 24, adjacent to city hall at the corner of Adams St. and McCarty St. This lot has signage stating a tag is needed, but that is not necessary for the day of the summit.

Microsoft Teams/YouTube Connection Info

- This is a hybrid conference. You can join in person OR join via computer, or your mobile device using the Microsoft Teams or stream the sessions via the YouTube link.
- Sessions Marked *** will be broadcast on Microsoft Teams and streamed on YouTube.

	Link for Microsoft Teams:	Meeting ID & Pass:	Phone # & Phone Conference ID:
Microsoft Teams connection info:	https://teams.microsoft.com/l/meetup-join/19%3ameeting_NigxZGRkYjctOGJhZi00N2VhLTk4MWQtMGZhMjcxNDY2MDNh%40thread.v2/0?context=%7b%22Tid%22%3a%22f4486774-588a-4f82-aaca-088ea22906f7%22%2c%22Oid%22%3a%2200c19172-534f-4d5b-999f-04dc11c1f40c%22%7d Click here to join the meeting	ID: 236 208 508 896 Pass: froVLB	1-872-242-9031 Phone Conference ID: 571 641 642#
YOUTUBE LINK	https://www.youtube.com/@cojits/streams		

How to Join the Summit Online

You can connect via Microsoft Teams OR watch on YouTube OR listen in via a phone call.

To watch on YouTube, just follow the link above and look for the live Summit stream.

On the YouTube app, search for “cojits” to find the City of Jefferson channel, tap the City of Jefferson channel to enter it, then tap the LIVE tab, then look for the Summit stream under that tab.

To participate via Teams, first install the Teams app on your mobile phone or computer. Create or login to your (free) account. Then you can click the link to join the meeting.

OR click the Teams link on a computer, and then choose to join the meeting on your web browser – which does not require installing an app or logging in. (This option will work on a computer only – the browser version of Teams will not run on a smart phone.)

To listen via a phone call, just dial the number above and enter the Conference ID when prompted.

2022 Missouri Active Transportation Summit Schedule Overview

8:00 Summit Registration Opens – inside Christy Municipal Building, 320 McCarty, in lobby near entrance to Council Chambers

8:15 Bike to the Summit departs from Quigg Commons, [1121 4th St., Jefferson City, MO 65101](#). 2.7 mile ride led by David Bange, Jefferson City.

- *This is in Jefferson City north of the Missouri River. There is parking at Quigg Commons where you can leave your car for the day – or bike in via the nearby Katy Trail!*
- *We will have a secure location to park your bicycle at the Summit. Make sure you have a bicycle lock.*

9:00-10:00 Opening Session* (Council Chambers)**

- **Welcome:** Brent Hugh, Missouri Bicycle & Pedestrian Federation
- **Greeting:** Jefferson City Representative
- **Plenary Speech: Revitalizing a Rural Community: 1,000 feet at a time.** Randy Pogue, City Administrator, City of Warsaw; **Charles LePage**, On-Call City Engineer, City of Warsaw; **Lauren Moore**, Burns & McDonnell; **Kylie Clark**, Burns & McDonnell

10:15-11:05 First Breakout (three choices)

Hands-free Missouri: Passing Missouri's new hands-free/distraction-free driving law***	Taylor March , Executive Director, Missourians for Responsible Transportation; Nick Chabarria , Spokesperson, AAA Automobile Club of Missouri	Council Chambers
This Isn't Your Typical Industrial Park: Industry plus active transportation	Denny Blind , Senior Landscape Architect; Kyle McLaughlin , Lead Planner, Olsson Active Transportation Group	Boone-Bancroft Room
Round Table: Save Your Life, Ride a Bike and Tandem Cycling for Individuals with Disabilities – An Achilles St. Louis/Cycle St. Louis Partnership	Sean Connell , Avid Cyclist; Hugh Share , Volunteer, Cycle St. Louis; Annie Donnell , Chapter Lead, St. Louis Chapter, Achilles International	Fire Admin Annex

- *For breakout room locations, see map inside front cover.*
- *Breakout sessions marked *** will be broadcast via Teams & YouTube.*

Schedule Overview

11:20-12:10 Second Breakout (three choices)

Universal Mobility: Serving all users of all physical and cognitive abilities, and seamlessly connecting all transportation modes***	Enjoli Dixon , Project Associate, National Center of Mobility Management, The National Aging and Disability Transportation Center, Chief Program Manager, TransitCon; Alvaro Villagran , AICP, Director of Federal Programs, Shared-Use Mobility Center	<i>Council Chambers</i>
Trail Building Tips and Lessons Learned – from 15 years of trail building in Kansas City	Wes Minder , Director, Water Services, City of Kansas City, Missouri	<i>Boone-Bancroft Room</i>
Reclaim Asphalt Now! – Creative traffic calming projects	DuRon Netsell , Founder & Principal, Street Smarts Design + Build	<i>Fire Admin Annex</i>

12:10-1:30 Lunch – Nearby restaurants within walking distance of Jefferson City Hall listed on page 5 of this program.

1:30-2:40 Third Breakout (three choices)

It All Starts With A Dream: Creating a 200+ mile multistate trail***	Denny Blind , Senior Landscape Architect; Kyle McLaughlin , Lead Planner, Olsson Active Transportation Group	<i>Council Chambers</i>
Walk Audits: How and why they can improve safety, walkability, and bikeability	Dave Roberts , Sr. Vice President of Planning & Business Development, Crafton Tull	<i>Boone-Bancroft Room</i>
Century Rides Around the Country	Dave Wedemeyer , Avid Cyclist & Century Rider	<i>Fire Admin Annex</i>

Schedule Overview

2:55-3:45 Fourth Breakout (three choices)

SafeAcross – A Ready To Go Crosswalk Safety Program that can be Implemented in Your Community***	Mandy Buettgen , Program Manager, SGF Yields, City of Springfield	<i>Council Chambers</i>
What's All the Buzz About Electric Bikes?	Mandy Bodily-Bartrum , Co-Owner, Juiced Wheels; Brett Bartrum , Co-Owner, Juiced Wheels	<i>Boone-Bancroft Room</i>
Active Transportation in the Capital: Improving bicycling, walking, and transit in the Jefferson City area	Katrina Williams , Senior Transportation Planner, Capital Area Metropolitan Planning Organization; David Bange , City Engineer, City of Jefferson; Kevin Schwartz , Outdoor Program Manager, Jefferson City Parks	<i>Fire Admin Annex</i>

4:00-5:00 Walk/Bike Tours

Walking Tour - Downtown Jefferson City and Adrian's Island	Katrina Williams , Senior Transportation Planner, Capital Area Metropolitan Planning Organization	<i>Meet just outside City Hall at the main entrance on McCarty St.</i>
Bicycling Tour of Jefferson City	David Bange , City Engineer, City of Jefferson	<i>Meet just outside City Hall at the main entrance on McCarty St.</i>

- If you don't want to participate in a walk or bicycle tour, you are welcome to proceed directly to Sweet Smoke BBQ for Social Hour*

5:00-6:00 Social Hour

Sweet Smoke BBQ	<u>127 E. High Street</u>	<i>Bike & Walk Tours will end at Sweet Smoke</i>
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Lunch options within walking distance of Jefferson City Hall:

- [Arris' Pizza](#) 117 W. High St.
- [Bones in the Alley](#) 210 Commercial St.
- [Plate & Pour Bakery](#) 400 E. High St. Coffeehouse & bakery plus savory/lunch items
- [The Grand Cafe](#) 107 E. High St.
- [Gumbo Bottoms Ale House](#) 221 Madison St.
- [High Rise Bakery](#) 118 E. High St. - a delectable variety of confections in the bakery case to made to order brunch options to take away items in the cold case
- [High Street Pub](#) 209 E. High St.
- [Jimmy John's](#) 128 E. High St.
- [Madison's Cafe](#) 216 Madison St.
- [Pizza Underground](#) 202 E. High St.
- [Sawaddee Thai Cuisine](#) 103 E. High St.
- [Sweet Smoke BBQ - Downtown](#) 127 E. High St.
- [Yanis Coffee Zone](#) 130 E. High St. - Casual, cozy cafe serving up coffee drinks, breakfast & classic Middle Eastern fare.
- [Jamaican Jerk Hut](#) 112 E Dunklin St
- [Ecco Lounge](#) 703 Jefferson - old-school tavern; Jefferson City's oldest restaurant & lounge

Detailed Session Schedule

Opening Session – Keynote*** (Council Chambers)

9:00am-10:00am

Welcome

Brent Hugh, Missouri Bicycle & Pedestrian Federation

Greeting

Jefferson City

Keynote Address

Revitalizing a Rural Community: 1,000 feet at a time

Randy Pogue, City Administrator, City of Warsaw; **Charles LePage**, On-Call City Engineer, City of Warsaw; **Lauren Moore**, Burns & McDonnell; **Kylie Clark**, Burns & McDonnell

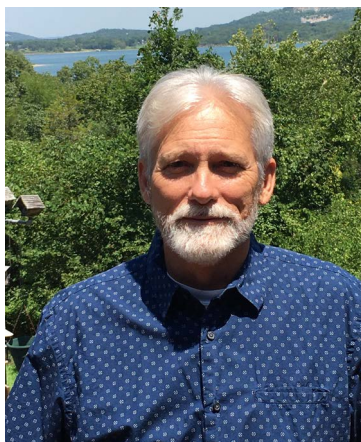
Since 1997, the City of Warsaw has revitalized the community on limited financial resources. To off set the limited finances, the community carved out a niche of writing grants and training employees to perform various construction tasks to be used as the match for the grants. The grants, combined with city personnel, constructed an award-winning trail network that was built about 1000 feet at time to allow for quality over quantity. These efforts lead to a successful award of a 2023 RAISE grant that will convert Warsaw's three major roadways to Complete Streets—thereby connecting the entire community to the downtown and the trail network.



Randy Pogue, City
Administrator, City of Warsaw

Randy Pogue, City Administrator, City of Warsaw. Randy Pogue has been with the City of Warsaw for 26 years and has overseen all construction and revitalization efforts. He was originally hired as City Planner and Economic Developer and has written all the grants that have led the revitalization of the community. With his promotion to Administrator, he retained his original duties.

Before his career with the City of Warsaw in 1997, Randy had 18 years of construction experience. His construction experience included heavy construction techniques. After his construction career, he returned to CMSU and received a degree in Tourism Planning and Development. For grant in-kind matches, he trained the city crews to perform the construction skills needed to develop the award-winning trails network.



Charles LePage, LePage
Engineering, LLC, On-Call
City Engineer, City of Warsaw

Charles LePage, P.E., LePage Engineering, LLC, On-Call City Engineer, City of Warsaw. Charles is the On-Call City Engineer for the City of Warsaw and assisted Randy with his RAISE Grant applications for 2023, as well as many of the previous years and versions of the major federal infrastructure grants. He is a professional civil engineer with 35 years of experience in planning, design, and management of public infrastructure projects. Charles has provided diverse engineering services for Warsaw, Missouri since 2003 and is the on-call city engineer. Previous and

current projects include complete streets, trails, lighting, parking lots, retaining walls, drinking water, sanitary sewer, and stormwater improvements. Charles is president of LePage Engineering, LLC.



Lauren Moore, Burns & McDonnell

Lauren Moore is a professional engineer in the water resources field for Burns & McDonnell with 11 years of policy, planning, analysis, design, and construction experience. Her focus has been in stormwater management and green infrastructure, including the appropriate stormwater and civil infrastructure policy, design tools, and funding mechanisms to build resilient, sustainable, and maintainable systems.



Kylie Clark, Burns & McDonnell

Kylie Clark is an urban planner focused on implementing holistic stormwater management across policies and projects for municipalities and other agencies. In Kylie's time with Burns & McDonnell, her work has included policy writing, development code review, grant writing, MS4 permit compliance, and green infrastructure planning from the project level to the watershed scale. Kylie holds a bachelor's degree in environmental studies and a master's in urban planning, both from the University of Kansas.

First Breakout (three choices)

10:15am-11:05am

Hands-free Missouri: Passing Missouri's new hands-free/distraction-free driving law***	Taylor March , Executive Director, Missourians for Responsible Transportation; Nick Chabarria , Spokesperson, AAA Automobile Club of Missouri	<i>Council Chambers</i>
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Missourians for Responsible Transportation and AAA Missouri will present on the success of the Hands-free Missouri coalition, and discuss lessons learned from the legislative successes and challenges of this multi-year effort. We will discuss what the new law that was signed on July 6, 2023 means for folks across the state, and where we go as advocates for distraction-free driving from here.

Taylor March, Executive Director, Missourians for Responsible Transportation. If you need advice on your next camping trip or river adventure Taylor is a great person to ask. Taylor is an avid backpacker, sailor, and canoeist and has spent a great deal of time exploring Missouri and Kentucky's outdoors. Taylor grew up in St. Louis, Missouri and has spent the majority of his adult life getting around in a car lite way, primarily travelling by foot, bike, or the bus. Currently Taylor lives in St. Louis City, with his wife and daughter, but he gets around the state frequently with family connections across much of Missouri. Taylor comes to Missourians for Responsible Transportation (MRT) after serving as Program Director at Trailnet for close to eight years, where he has left a lasting impact of kindness, knowledge, professionalism and passion for helping people outside of cars move around the city. Taylor is looking forward to working together with communities across the state to make Missouri an even easier place for all Missourians to get around.

Nick Chabarria, Spokesperson and Public Affairs Specialist, AAA Automobile Club of Missouri. Nick has Bachelor's degree in journalism from the University of Missouri-Columbia and has worked for several news outlets as a journalist, sports anchor, and producer. Nick has been Public Affairs Specialist with AAA Missouri since 2020, and played a key role in coordinating AAA Missouri's support of the Siddens Bening Hands Free Law, which passed the Missouri legislature in May and is set to take effect later this month.

This Isn't Your Typical Industrial Park: Industry plus active transportation	Denny Blind , Senior Landscape Architect Kyle McLaughlin , Lead Planner, Olsson Active Transportation Group	Boone-Bancroft Room
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Active transportation facilities come in all shapes and sizes. This session will present how a 9,000 acre industrial park is developing into the most unique, premiere industrial park in the United States – with a huge focus on active transportation!

***Denny Blind**, Senior Landscape Architect, Olsson Active Transportation Group. Denny has over four decades of active transportation experience and leads Olsson's Active Transportation Group. He has planned, designed and implemented hundreds of miles of bicycle and pedestrian facilities throughout the country and enjoys living and working in NW Arkansas.*

***Kyle McLaughlin**, Lead Planner, Olsson Active Transportation Group. Kyle brings a depth of experience with Complete Streets, Corridor Analysis, Urban Design and Land Use/Transportation Connectivity Analysis to all of Olsson's active transportation projects.*

Round Table: Save Your Life, Ride a Bike and Tandem Cycling for Individuals with Disabilities – An Achilles St. Louis/Cycle St. Louis Partnership	Sean Connell , Avid Cyclist; Hugh Share , Volunteer, Cycle St. Louis; Annie Donnell , Chapter Lead, St. Louis Chapter, Achilles International	Fire Admin Annex
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This roundtable session includes two parts. In one part of the roundtable, Sean Connell will discuss cycling as a gateway to a healthy life. Sean will share his experiences of improved health through his cycling journey, going from a 275 lb forty-five year old with four significant medical conditions to a healthy and fit 168 lb forty-six year old through proper nutrition and cycling as his primary exercise. He will also explain the importance of trails. Sean will also speak about the importance of bicycle trails and his experiences between biking on roads to paved trails and how more trails and safe bike lanes would encourage more people to get out and ride. You may find it to be something that saves your life!

The other part of the roundtable discussion will showcase a new partnership between Achilles St. Louis and Cycle St. Louis that successfully created a tandem cycling program for adults with disabilities. Individuals with disabilities face numerous challenges to realizing the benefits of cycling, including expensive equipment, transportation of themselves and

adapted cycles to safe places to ride, infrastructure not designed for adapted cycles and available volunteers to assist in cycling activities. This session will show how a partnership model overcame these barriers and is making a difference to the physical and mental well-being of participants. We hope it motivates others to explore similar efforts.

Sean Connell, Avid Cyclist. Sean transformed his life through cycling over the course of one year, going from 275 pounds with four significant medical conditions to 168 pounds and no medical conditions. He attributes this change to proper nutrition and cycling as his primary exercise. His cycling journey may help others who are struggling to find a fitness activity they can enjoy and change their life.

Hugh Share, Volunteer, Cycle St. Louis. Hugh is a volunteer with Cycle St. Louis, a community-wide initiative under the umbrella of the Recreation Council of Greater St. Louis, that creates cycling opportunities for individuals with disabilities and is building an inclusive cycling community in the St. Louis metro area. He has been a volunteer tandem captain with Delta Gamma Center's Tandem Adventurer's Program for 16 years, riding weekly with blind and visually impaired children and is an Achilles St. Louis running/walking guide and tandem Captain.

Annie Donnell, Chapter Lead, St. Louis Chapter, Achilles International. Annie leads the St. Louis Chapter of Achilles International, which transforms the lives of people with disabilities through athletic programs and social connection. Since 1983, Achilles International has empowered over 150,000 athletes of all ages and ability levels to participate in endurance events around the globe. The St. Louis Achilles Chapter has continuously grown since it started in May 2019. The Chapter has two practices a week in Forest Park and athletes also participate in local races throughout the year. Currently athletes participate in 5K's, half marathons, and a few athletes run marathons. Achilles STL plans to explore organized bike rides and races in the future, including duathlons and triathlons.

Second Breakout Session (three choices)

11:20am-12:10pm

Universal Mobility: Serving all users of all physical and cognitive abilities, and seamlessly connecting all transportation modes ***	Enjoli Dixon , Project Associate, National Center of Mobility Management, The National Aging and Disability Transportation Center, Chief Program Manager, TransitCon; Alvaro Villagran , AICP, Director of Federal Programs, Shared-Use Mobility Center	<i>Council Chambers</i>
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“Universal Mobility” aims to provide all members of society with a foundational level of mobility regardless of factors like geographical location, income, age, and physical or cognitive ability level. In practice this means making mobility options accessible, giving people choice of mobility options, and seamlessly connecting various mobility options to enable residents to travel to work, school, medical care, shopping, and other needed destinations.

This session focuses on the Universal Mobility Learning Module developed under the Federal Transit Administration’s Universal Mobility Working Group in coordination with the Shared-Use Mobility Center and the National Center for Mobility Management. There are four elements discussed in the module: Universal Design, Understanding Passengers, Service Planning and Coordination, and Understanding Mobility Data. Each of the elements is critical to creating a universal mobility system that serves all users regardless of physical or cognitive abilities. For example, how are bicycles integrated in the universal landscape of mobility? Attendees will also work through a guided activity.

Enjoli Dixon, Project Associate, National Center of Mobility Management, The National Aging and Disability Transportation Center, Chief Program Manager, TransitCon. Enjoli has spent a little over 15 years in the US and abroad in the transportation industry in the public and private sector as a designer and consultant working across the various STEM fields of education, architecture, engineering, and urban planning. Prior to joining the [National Center of Mobility Management](#) and [The National Aging and Disability Transportation Center](#) facilitated by Easterseals – Transportation Group, Enjoli began her transportation career with the University of Kansas-JY In Wheels and TranSystems Corporation simultaneously working on projects bike/pedestrian, bus rapid transit. She later joined

Second Breakout

MoDOT's Multimodal – Transit team and then the Office of External Civil Rights. She was able to chair the KU On Wheels transit system and work on a variety of projects spanning from bike/pedestrian, ride share, bus rapid transit, major light rail projects, ADA planning and more. Enjoli serves as the current Chief Program Officer for TransitCon. She has served as an adjunct instructor teaching 3D Computer Drafting and a juror for the former ITT Technical Institutes School of Design. Enjoli also served as an instructor for the Nichols Career Center teaching in the design trade. She has an associate degree from State Technical College of Missouri in Civil Engineering Technology, and bachelor's degree in architecture and a master's degree in Architecture and Urban Planning: Emphasis in Transportation/Transit, Urban/Social Issues from the University of Kansas. Enjoli is a member of the following TRB committees: AME30 Standing Committee on Native American Transportation Issues, AME10 Standing Committee on Equity In Transportation, and AME50 TRB Committee on Accessible Transportation and Mobility.

She is the founder of Creative Sprouts and The Black Thumb/The Blue Thumb Garden project. Enjoli services her community as a Youth Garden Program Instructor (Boys and Girls Club of Jefferson City), serves on the board of the Ubuntu Community Garden Project as the Community Planning Consultant and volunteers at the Salvation Army Shelter/Pantry. She serves on the local public transit advisory board in her city and is the founder of the JC Multicultural PTO. Enjoli is also a lifeguard, a local cub scout den leader/pack 20 committee secretary with the Boy Scouts of America and the Vice President of Theta Nu Zeta Chapter of Zeta Phi Beta Sorority, Incorporated. Coming from a large military family and serving as a military spouse she works hard to connect veterans to resources in her community. She resides in Midwest and is the mother of two children.

Alvaro Villagran, AICP, Director of Federal Program, Shared-Use Mobility Center. Alvaro leads Shared-Use Mobility Center's work on Federal Programs and the Federal Transit Administration's mobility innovation programs, providing technical assistance to transit agencies, local governments, and State DOTs across the country in developing a wide array of innovative mobility projects. Alvaro leads SUMC's work as a capacity builder for the Federal Highway Administration's Thriving Communities Program.

Alvaro lives in Overland Park, KS and is a member of the American Institute of Certified Planners (AICP). He holds a master's degree in Urban Planning and Policy from the University of Illinois in Chicago (UIC), and a master's degree in History from Northwestern University. Prior to SUMC, Alvaro worked for the Transportation Improvement Program at the Chicago Metropolitan Agency for Planning.

Second Breakout

Trail Building Tips and Lessons Learned – from 15 years of trail building in Kansas City	Wes Minder , Director, Water Services, City of Kansas City, Missouri	Boone-Bancroft Room
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This session will be a discussion of multiple oddball situations and tips learned from Kansas City's 15 years of building out its trail system. Wes will go into more detail on trail building situation and will show retrofits of box culverts for crossings, advice on when to use low water crossings, how to evaluate retaining walls, and how to assess a stream and site to properly build a trail that requires less maintenance.

***Wes Minder**, Director, Water Services, City of Kansas City, Missouri. Wes is an 18-year veteran with the City of Kansas City, Missouri, who has worked on several multi-departmental projects and was essential in leveraging federal and state funding for capital improvement projects. Wes is a licensed engineer who has designed and built over 25 trail projects. With over 25 years of high-level and detailed engineering and community problem solving and an enjoyment of tackling projects and innovations with a focus on adding value to the investment, Wes believes in bettering communities and everyone's quality of life.*

Reclaim Asphalt Now! – Creative traffic calming projects	DuRon Netsell , Founder & Principal, Street Smarts Design + Build	Fire Admin Annex
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The session will focus on DuRon and his company, Street Smarts Design + Build's recent work in Kansas City, Missouri in finding several different ways to cut through red tape in order to successfully install creative traffic calming projects. They started with temporary demonstrations that have led to permanent projects, have done a few projects using asphalt art to immediately reclaim asphalt and improve safety, which was used to gain momentum and obtain funding to make the project permanent with landscaped curb extensions. DuRon and Street Smarts Design + Build has also designed and built a few creative crosswalks. They have several other creative traffic calming projects happening later this year.

***DuRon Netsell**, Founder & Principal, Street Smarts Design + Build. DuRon is the founder and principal of Street Smarts Design + Build. His (developing) expertise is in walkability, particularly quick build walkability improvement projects. DuRon previously helped lead BetterBlockKC and was a consultant for BikeWalkKC. He currently serves on the board for Riverfront Heritage Trails, Midtown KC Now and is the Missouri community representative for the Active Transportation Programming Committee at the Mid-America Regional Council. DuRon is most interested in combining urban design with permaculture design principles. His vision is to reclaim asphalt for walkability and safety improvements and using that reclaimed space for native plants and urban agriculture.*

Lunch

12:10pm-1:30pm - **Lunch** – Nearby restaurants within walking distance of Jefferson City Hall listed on page 5 of this program.

Third Breakout (three choices)

1:30pm-2:40pm

It All Starts With A Dream: Creating a 200+ mile multistate trail***	Denny Blind , Senior Landscape Architect; Kyle McLaughlin , Lead Planner, Olsson Active Transportation Group	<i>Council Chambers</i>
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Active transportation infrastructure is a huge catalyst for economic development, regardless of its scale – regional, community-wide, or neighborhood. This session is about the dream two bike enthusiasts had for a multistate trail and presents the Conceptual Master Plan for this 200+ mile trail system! We will engage the audience with a powerful message of don't give up, dream big and watch the dream become reality.

Denny Blind, Senior Landscape Architect, Olsson Active Transportation Group. Denny has over four decades of active transportation experience and leads Olsson's Active Transportation Group. He has planned, designed and implemented hundreds of miles of bicycle and pedestrian facilities throughout the country and enjoys living and working in NW Arkansas.

Kyle McLaughlin, Lead Planner, Olsson Active Transportation Group. Kyle brings a depth of experience with Complete Streets, Corridor Analysis, Urban Design and Land Use/Transportation Connectivity Analysis to all of Olsson's active transportation projects.

Walk Audits: How and why they can improve safety, walkability, and bikeability	Dave Roberts, Sr. Vice President of Planning & Business Development, Crafton Tull	Boone-Bancroft Room
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Why does your community need to do a walk audit? This session reviews the process of how walk audits can be a tool to identify safety issues in the built environment and how an audit can help improve walkability and bikeability in your downtown. Also discussed will be the outcome of the audit in the form of a technical memo that lists observations, proposes recommendations, and shows possible grant funding opportunities.

Dave Roberts, ASLA, Sr. Vice President of Planning & Business Development, Crafton Tull. Mr. Roberts, a licensed Landscape Architect from Arkansas, is the Sr. Vice President of Planning & Business Development at Crafton Tull, where he collaborates with talented teams on community master planning, park planning and urban design projects. He frequently shares his 30 years of knowledge by conducting park audits and downtown walk audits with community leaders in the Mid-South region.

Dave enjoys presenting on the topics of planning healthy communities, the benefits of placemaking and accessibility in the built environment. His daughter, Alex, born with cerebral palsy, utilizes a power wheelchair to navigate the world. This affords Dave the unique insight into accessibility and inclusion issues as seen by a parent with a special needs child as well as viewed through the eyes of an urban planner.

Century Rides Around the Country	Dave Wedemeyer, Avid Cyclist & Century Rider	Fire Admin Annex
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This session will be about century rides. How to choose which century ride you want to do; how to prepare for a century ride; tips for traveling to a century ride; and plenty of anecdotes about century rides that presenter Dave Wedemeyer has done around the country.

Dave Wedemeyer, Avid Cyclist & Century Rider. Dave has been an avid cyclist for many years. He has ridden RAGBRAI 30 times. He has also ridden many bike trails around the country, including the Hiawatha Trail in Idaho, the GAP Trail and C&O Canal Towpath Trail in Pennsylvania/West Virginia/Maryland, the Loveland Trail in Ohio, and of course the Katy Trail in Missouri. Dave is a dues-paying member of Missouri Bicycle Federation, Trailnet and the Iowa Bicycle Coalition. He is president of his RAGBRAI cycling team (Team Stiff) and has been doing century rides for many years. Dave has ridden 100 distinctly different century rides. When you include the century rides, he has repeated, Dave has ridden nearly 150 rides. Most notably Dave has ridden at least one century in all 50 states.

Fourth Breakout (three choices)

3:05pm-3:45pm

SafeAcross – A Ready To Go Crosswalk Safety Program that can be Implemented in Your Community***	Mandy Buettgen , Program Manager, SGF Yields, City of Springfield	<i>Council Chambers</i>
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SafeAcross is a pedestrian safety initiative that pairs specialty signage with playful educational messages to train drivers to recognize crosswalks and yield for pedestrians. The various elements of SafeAcross aim to normalize courteous behavior and promote pedestrian-friendly communities.

This session is a follow up to last year's SGF Yields presentation as they now have the national version completed: "SafeAcross". SafeAcross is a version of Springfield's successful pedestrian safety campaign. Participating communities can access the toolkit for free.

SafeAcross includes Engineering, Education, Enforcement, Equality, Evaluation, Engagement and Policy Work to make crosswalks measurably safer. Check out www.safeacross.com and real-life example at SGF Yields on Facebook <https://www.facebook.com/SGFYields/>.

Mandy Buettgen, Program Manager, SGF Yields, City of Springfield. Mandy is the program manager of SGF Yields and organizes civic groups such as the civilian SGF Yields Action Group and the SGF Yields Coalition that foremost works on reducing pedestrian and bicycle fatalities among the homeless populations.

Mandy studied Transportation Engineering at the Technical University of Berlin, with focus on active and passive vehicular safety systems and pedestrian safety after achieving the equivalent of a bachelor in transportation engineering. During that time, she held a job as a student researcher for the (European) Network of Excellence on Advanced Passive Safety (APSN). She moved to the United States and began her work at the City of Springfield in 2006 as traffic safety technician. During that time she gained experience in development plan review, construction management, crash remediation and accident reconstruction as well as safety education and more.

In her free time, she runs an outdoor adventure group that includes backpacking and biking.

What's All the Buzz About Electric Bikes?	Mandy Bodily-Bartrum , Co-Owner; Brett Bartrum , Co-Owner, Juiced Wheels	Boone-Bancroft Room
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This session will discuss the growing popularity of electric bikes and the benefits of electric bikes. Discussion will start with the legally defined classes of electric bikes, anatomy of an electric bike, and how an electric bike operates. Research and evidence about electric bikes will be shared. Mandy and Brett will share anecdotal experience of an e-bike and personal benefits. Due to the growing demand, it is important to understand e-bikes and potential ways they can assist in more non-car transportation, mobility, and recreational riders.

Mandy Bodily-Bartrum, Co-Owner, Juiced Wheels. Mandy has a background in nursing and public health and currently works in Infection Prevention for a healthcare company in addition to being co-owner of the e-bike shop, Juiced Wheels. Mandy has a passion for public health and seeing how added mobility solutions could help encourage physical activity benefits and more trail riders. She holds a Bachelor's in Nursing, Master of Public Health in Epidemiology and Environmental & Occupational Health, Doctorate in Nursing in Public Health and is one class away from a Master's in data Analytics. Needless to say, she loves data, research, and population health.

Brett Bartrum, Co-Owner, Juiced Wheels. Brett is an avid e-bike enthusiast and co-owner of Juiced Wheels. He has a technology background and is also the head mechanic at Juiced Wheels. Brett is knowledgeable in bike repairs and diagnosing the electrical systems. He is also a cloud engineer and brings high tech advancements into his day-to-day activities.

Active Transportation in the Capital: Improving bicycling, walking, and transit in the Jefferson City area	Katrina Williams , Senior Transportation Planner, Capital Area Metropolitan Planning Organization; David Bange , City Engineer, City of Jefferson; Kevin Schwartz , Outdoor Program Manager, Jefferson City Parks	<i>Fire Admin Annex</i>
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The City of Jefferson and the Capital Area Metropolitan Planning Organization (CAMPO) have been working together for several years to encourage use of and improvements to our pedestrian, bicycle, and transit systems. This session will discuss planning and implementation, where and how we have succeeded, and what challenges and opportunities are in our future.

Katrina Williams, Senior Transportation Planner, Capital Area Metropolitan Planning Organization. Katrina is the Senior Transportation Planner with the Capital Area Metropolitan Planning Organization, administered by the City of Jefferson (CAMPO). CAMPO is responsible for transportation planning of Jefferson City and the surrounding region. Katrina has lived and worked throughout Mid-Missouri for the past 20 years in various roles including planning, GIS analysis, and conservation education.

David Bange, City Engineer, City of Jefferson. David is the City Engineer for the City of Jefferson. David has worked and lived in Jefferson City for 25 years. In addition to overseeing the design and construction of most public works infrastructure in the City, David plays an integral role in the design of the City's sidewalks and greenways. David is an avid cyclist, commuting via bicycle most days, and is a certified Lead Cycling instructor.

Kevin Schwartz, Outdoor Program Manager, Jefferson City Parks. Kevin is the Outdoor Program Manager for Jefferson City Parks and has worked in outdoor recreation/education for the past 20 years. Kevin is a Jefferson City native who is passionate about sharing his experience of outdoor recreation and hopes this will impact and encourage others to get outdoors as well.

Walk/Bike Tours

4:00pm-5:00pm

Walking Tour of Jefferson City	Katrina Williams , City of Jefferson	Meet just outside City Hall at the main entrance on McCarty St.
Bicycling Tour of Jefferson City	David Bange , City of Jefferson	Meet just outside City Hall at the main entrance on McCarty St.

- If you don't want to participate in a walk or bicycle tour, you are welcome to proceed directly to Sweet Smoke BBQ for Social Hour

Social Hour

5:00pm-6:00pm

Sweet Smoke BBQ	127 E. High Street	Bike & Walk Tours will end at Sweet Smoke
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MANY THANKS TO OUR SUPPORTING AND SPONSORING ORGANIZATIONS AND AGENCIES:





APBP is a community of practitioners working to create more walkable, bikeable places. We foster peer knowledge sharing, advance technical expertise, and support the professional development of our members who work in government, consulting firms, and in non-profit organizations in the fields of transportation planning and engineering, urban design and planning, public health and active living.

We have a variety of membership categories sure to fit your needs! Choose from these options:

[Become a member now!](#)

Professional - \$120/year: This membership is for a person employed by a local, state or federal government, a corporation or consulting firm, a college or university, or as an independent consultant.

Advocate - \$88/year: This membership is for staff or volunteers of an advocacy organization or advisory committee.

Young Professional - \$50/year: This membership is for a person who has just graduated or has been in practice less than 3 years. This category is available for the first three years of practice and then transfers to the Professional Membership category.

Student - \$30/year: This membership is for full-time students in engineering, planning, landscape architecture, urban design, safety and promotion, health, law enforcement and other related curricula.

Retired - \$30/year: Retired bicycle and pedestrian professionals interested in maintaining connections in the field.

Group Memberships: Groups of five or more people from the same professional or advocacy organization may join together as a group and save 20% on annual membership dues.

Benefits of Membership

- Network with an online community of over 1,200 professionals who share a passion for bicycle and pedestrian transportation and a vision for the role that sustainable transportation can play in communities.
- Participate in APBP's dynamic and acclaimed listserv, open only to our members
- Save money with reduced fees for APBP's monthly webinars, publications and biennial conference
- Stay informed with our weekly e-newsletter
- Search the Career Center for job openings
- Participate in the annual APBP Mentor Program
- Gain access to scholarship programs for professional meetings

Find out more or join APBP-Missouri at <https://www.apbp.org>



The Missouri Bicycle and Pedestrian Federation is a statewide coalition of bicyclists, walkers, runners, trail organizations and related businesses which represents over 50,000 Missourians and advocates on behalf of the state's two million ardent bicyclists and six million walkers. Find out more or join the Federation at:

www.MoBikeFed.org