

5TH ANNUAL  
MISSOURI BICYCLE AND PEDESTRIAN FEDERATION

**ACTIVE** —  
*Transportation*  
— **SUMMIT**

AUGUST 14<sup>TH</sup>, 2020

*Bicycling, Walking, and Trails  
Mean Business in Missouri*

Organized and presented by:



MANY THANKS TO OUR SUPPORTING AND SPONSORING ORGANIZATIONS AND AGENCIES:



# 2020 Missouri Active Transportation Summit Schedule Overview

All sessions online via Zoom.

**9:00-9:50 Opening Session – Keynote Address: Chuck Flink, "The Greenway Imperative".**

*Moderator: Brent Hugh, MoBikeFed*

**10:00-10:50 Second Session: Brent Hugh, Missouri Bicycle & Pedestrian Federation, "Art, Culture, History, Tourism, Economic Development, and Bicycling: Implementing an Ambitious Statewide Bicycle Touring Route System in Missouri-- With YOUR Help"**

*Moderator: Paul Wojciechowski, Alta Planning & Design*

**11:00-11:50 Third Session: Shaun Tooley, MoDOT, "MoDOT's Practice of Active Transportation, Past and Future"**

*Moderator: Jenni Hosey, MoDOT*

**12:00-1:00 Lunch – on your own (no sessions active)**

**1:00-1:50 Fourth Session: Mary Kromrey, Ozark Greenways, "From Trash to Treasure, the Former Fulbright Landfill/Superfund Site Takes on New Life as the Fulbright Spring Greenway"**

*Moderator: David Hutchison, MoBikeFed*

**2:00-2:50 Fifth Session: Jerany Jackson, Great River Engineering, "Building Johnson County's Spirit Trail - A Courageous Team Effort"**

*Moderator: Alex Rotenberry, APBP Board & Mid-America Regional Council*

**3:00-3:50 Sixth Session: Paul Wojciechowski, Alta Planning & Design, "Getting Livable Streets Done"**

*Moderator: Kevin Neill, Alta Planning & Design*

**4:00-4:50 Seventh Session: Terry Atteberry, Ron Bentsch, Cindy DeBlauw, "The Livable Street Experience: Missouri Physical Activity and Nutrition Program (MPAN)"**

*Moderator: Aaron Defenbaugh, Alta Planning & Design*

# Detailed Session Schedule

## Opening Session – Keynote Address:

### Chuck Flink, "The Greenway Imperative"

9:00am-9:50am

Moderator: Brent Hugh, MoBikeFed, APBP Missouri Chapter



**Charles A. "Chuck" Flink** is an award-winning planner, designer and author. Chuck is the founder, owner and President of Greenways Incorporated, a consulting firm located in Durham, North Carolina. He is widely regarded as one of America's leading greenway planners, having completed comprehensive greenway, trail and open space plans for more than 250 communities within 36 States and provided consulting services in Argentina, Canada, China, the Czech Republic, Japan and St. Croix, USVI. Flink was elected to the American Society of Landscape Architects Council of Fellows in November 2003. He is the 2006 Distinguished Alumnus for the College of Design at North Carolina State University.

Chuck co-authored *Greenways. A Guide to Planning, Design and Development*, in partnership with The Conservation Fund. This book received a 1994 Merit Award in Communications from the American Society of Landscape Architects (ASLA), and is cited by the

American Planning Association as "the best single reference" on greenway development. Chuck also co-authored *Trails for the Twenty-First Century*, which received a 2001 Merit Award in Communications from the NC Chapter of ASLA.

Chuck has been featured in prominent national and international publications including *National Geographic*, *Triangle Business Journal*, *Private Clubs*, *Landscape Architecture*, *Walking*, *American Planning*, *Good Housekeeping*, *Hemispheres (United Airlines)*, *Buzzworm Environmental Journal*, *Southern Living* and *American City County*. In 1995, Chuck received an Environmental Excellence Award from the US Department of Transportation, Federal Highway Administration for the Swift Creek Recycled Greenway, the nation's first greenway built from recycled trash. In 2001, he received a Merit Award from the American Society of Landscape Architects for his involvement with the Grand Canyon Greenway project.

Chuck has lectured on the planning and design of greenways at more than 200 national and international conferences since 1986. He graduated Cum Laude in 1982 from North Carolina State University's College of Design and later served as an Adjunct Professor of Landscape Architecture for five years. He currently serves on the College of Design Leaders Council and is Chair of the Board of Visitors at NC State University. He served three consecutive terms as Chairman of the Board for American Trails, Washington, DC and five consecutive terms as Chair of the Board of Trustees for the East Coast Greenway, a 3,000 mile urban trail that extends from Calis, Maine to Key West, Florida along the Atlantic Seaboard of the United States.

## Second Session: Brent Hugh, Missouri Bicycle & Pedestrian Federation

### "Art, Culture, History, Tourism, Economic Development, and Bicycling: Implementing an Ambitious Statewide Bicycle Touring Route System in Missouri--With YOUR Help"

10:00am-10:50am

Moderator: Paul Wojciechowski, Alta Planning & Design, APBP Missouri Chapter

For more than 20 years, the Missouri Bicycle & Pedestrian Federation and its membership have had a goal to create a network of statewide bicycle routes criss-crossing Missouri, connecting major cities and destinations across the state as well as smaller communities and rural areas throughout the state.

In 2019, working with a group of community organizations, supporters, and advocates, we jointly released the Butterfield Stage Experience, a 250-mile mostly-gravel bicycle route along the historic Butterfield Stage Overland Mail route from Jefferson City to Springfield. This project showed how it is possible to bridge communities along a vast swath of rural and urban Missouri with an attractive, scenic, low-traffic bicycle route that brings together tourism, economic, talent retention, history, scenic attractions, culture, local businesses and more. It's a regional bicycle route like the Katy Trail—but put together in less than two years and with just a few hundred dollars in budget. That compares favorably with most trails, which have a timeline in the decades and budget well into the millions.

With your help, we now want to take this idea statewide—linking communities, history, culture, and fun across every part of the state through a vibrant, statewide bicycle route network encompassing hundreds of communities and thousands of miles.

*Dr. Brent D. Hugh has been webmaster, president, and since 2005, Executive Director of the Missouri Bicycle & Pedestrian Federation. Under his leadership, the Federation has grown from an organization with a few dozen members and \$500 annual budget to the current membership of over 5000 active members and over \$150,000 annual budget. The Federation, which is celebrated its 25th anniversary in 2019, is the only statewide advocacy organization in Missouri that works on behalf of the state's two million bicyclists and six million walkers.*

*Brent lives in Raytown, Missouri, with his wife, Jan, where he puts about 5,000 miles per year on his fleet of five recumbent bicycles, two road bikes, and a mountain bike. His 24 year old son Jonathan and 17 year old daughters Naomi and Amanda are also avid cyclists, walkers, and trail users.*

## Third Session: Shaun Tooley, MoDOT

### "MoDOT's Practice of Active Transportation, Past and Future"

11:00am-11:50am

*Moderator: Jenni Hosey, MoDOT, APBP Missouri Chapter*

Find out about the practice of active transportation at Missouri Department of Transportation (MoDOT). You will hear about major projects and practices, both past and present, that improve transportation choice for Missourians. Learn about how MoDOT advances active transportation as a builder, stakeholder, and property owner. Lastly, gain a sneak peak into what's coming that will improve MoDOT's practice of active transportation.

*Shaun Tooley is a Transportation Planning Specialist with the Missouri Department of Transportation. He has worked in the field of transportation planning for ten years with more than three at MoDOT. Shaun is a graduate of the University of Texas at Austin with a Master's of Science in Community and Regional Planning and is certified by the American Institute of Certified Planners. He is enthused to be sharing the St. Louis District's story of active transportation. He represents MoDOT to both of the St. Louis region's Bicycle Pedestrian Advisory Committee and Gateway Bike Plan Working Group.*

## Lunch – on your own - 12:00noon-12:50pm

*No sessions will be active during this time. You're welcome to stay online and participate in chat, if you like.*

## Fourth Session: Mary Kromrey, Ozark Greenways, "From Trash to Treasure, the Former Fulbright Landfill/Superfund Site Takes on New Life as the Fulbright Spring Greenway"

1:00pm-1:50pm

*Moderator: David Hutchison, MoBikeFed*

The immediate area of the Fulbright Spring Greenway was once the former Fulbright Landfill/Superfund Site. Today we see a mix of native prairie grasses and wildflowers in the area, as well as a variety of wetland and woodland trees and shrubs such as oak, American Sycamore, sassafras and willows. There is habitat for a range of wildlife including turtles, deer, foxes, woodchucks, and many bird species such as songbirds, wild turkeys, hawks, and bald eagles. The beautiful South Dry Sac River meanders alongside Fulbright Spring Greenway and feeds into the Little Sac River just east of Hwy 13. Also nearby is Fulbright Spring which is located on property owned by City Utilities. Fulbright Spring is the city's original water source, and Springfield began using the spring in 1883. This site is still in use and became a National Historic Landmark in 1993.

But it wasn't always so pretty here. It wasn't until the 1970s that American cities began to understand the need for critical storage and handling processes to prevent their waste from damaging human and environmental health. Springfield discovered its own need for these processes, after it was determined that the Fulbright landfill was contaminated. The City of Springfield operated the former landfill from 1962-1969. During this time, all manner of domestic and industrial wastes were accepted—from household trash to industrial solvents.

Find out how this former landfill became a beautiful natural area and home of the Fulbright Spring Greenway, an important link in Springfield's region trail and greenway system.

*Mary Kromrey has been on the staff of Ozark Greenways in Springfield since 2016, and Executive Director since 2017. Mary has a background in health and wellness promotion. She has brought these skills along with management experience, fundraising acumen, and a passion for trails and greenways to Ozark Greenway's mission to build and maintain a 140+ mile network of greenways and trails that connects the Springfield area.*

## **Fifth Session: Jerany Jackson, Great River Engineering, "Building Johnson County's Spirit Trail - A Courageous Team Effort"**

**2:00pm-2:50pm**

*Moderator: Alex Rotenberry, Mid-America Regional Council, APBP Missouri Chapter*

The Johnson County Spirit Trail links the City of Warrensburg 4.5 miles east toward Whiteman Air Force Base. The 10' wide multimodal trail occurs in the right of way of Highway DD and was the first phase of the Johnson County master trail plan. The project was accomplished by dovetailing 5 funding sources together and partnering with MoDOT, MDNR State Parks, and the City of Warrensburg.

This session will discuss the importance of beginning with a master plan, engaging public agencies and stakeholders, ADA design challenges, LPA requirements and staying diligent when the going gets tough.

*Jerany Jackson works as a Landscape Architect and Project Manager at Great River Engineering. She has over 28 years of experience in planning, designing and constructing multi-discipline projects. Her works have been recognized for their design excellence and environmental sensitivity, and more importantly, for their viability and success as developments which are enjoyed by those who experience them. Ms. Jackson specializes in management and team building, public meeting facilitation, planning, and innovative, functional site design for a wide variety of clients. Ms. Jackson has designed hundreds of miles of multimodal trail in Missouri and beyond.*



## Sixth Session: Paul Wojciechowski, Alta Planning & Design

### "Getting Livable Streets Done"

3:00pm-3:50pm

Moderator: Kevin Neill, Alta Planning & Design

Forty-three Missouri cities, counties, and agencies have adopted a formal Complete Streets policy. The majority of Missourians now live in a city, county, or metropolitan planning organization area that has adopted a Complete Streets or Livable Streets policy.

But adopting a policy and actually building complete streets are two different things.

How do we move from the arena of policy and planning to actually get Complete Streets implemented—built on the ground so that people of all ages can enjoy the Complete Streets and the benefits they bring to the community?

*Paul Wojciechowski is the Principal of Alta Planning + Design, central region and President of the Association of Pedestrian & Bicycle Professionals-Missouri Chapter. Paul is a transportation planner and engineer with over 30 years of experience in planning and designing innovative transportation facilities, and integrating these facilities to function with adjacent land-uses. Paul has dedicated his career to public projects that enhance communities and regional systems, and has contributed ideas for development projects that achieve community goals, including award-winning projects such as the regional Gateway Bike Plan in St. Louis and the City of Woodson Terrace Comprehensive Plan.*

## Seventh Session: Terry Atteberry, Ron Bentch, Cindy DeBlauw, Missouri Livable Streets

### “The Livable Street Experience: Missouri Physical Activity and Nutrition Program (MPAN)”

4:00pm-4:50pm

Moderator: Aaron Defenbaugh, Alta Planning & Design

What are Livable Streets? Why do we need them in Missouri? How have the Missouri Department of Health and Senior Services and a coalition of supporting agencies and organizations across Missouri worked to promote and develop Livable Streets policies and program across Missouri? And how is the most recent program, the “Livable/Complete Streets Community of Practice” program working with communities all across Missouri to develop and implement Livable Streets and Complete Streets?

More about the Missouri Livable Streets program at [livablestreets.missouri.edu](http://livablestreets.missouri.edu)

**Ron Bentch** is Coordinator of Missourians for Responsible Transportation, a coalition of four metro-area bicycle, pedestrian and trails organizations: Trailnet (St Louis), BikeWalkKC, PedNet (Columbia), and Ozark Greenways (Springfield). Ron and his wife Cindy spent several years in South Africa leading diverse teams in community development and sustainability projects; he has also worked as a construction contractor in central Missouri. In his role as Coordinator, Ron travels the state and meets with community leaders who want to increase walking, biking, and transit options for all Missourians.

**Terry Atteberry** is the Physical Health Program Specialist for the Missouri Department of Health and Senior Services (DHSS). She provides technical assistance for the Missouri Healthy Schools and Missouri Physical Activity and Nutrition (MPan), Active Living programs. Prior to Terry’s work with DHSS she was employed by the Alliance for a Healthier Generation for five years as a Healthy Schools Program Manager. Terry’s work with Healthier Generation provided support to approximately 85 Missouri School Districts.

Terry has a passion for access to physical activity for all individuals. In 2015 Terry was honored to run the NYC marathon, raising almost \$7000 to help fight childhood obesity. When she is not working she enjoys swimming, walking, hiking, and exploring the beautiful state of Missouri with her family.

**Cindy DeBlauw** is Nutrition and Program Manager at Missouri Department of Health and Senior Services. Cindy is a registered dietitian and has been Extension Associate at University of Missouri Extension, coordinator of the Eat Smart in Parks program, and a member of the Missouri Council for Activity and Nutrition Schools and Child Care work groups supporting policies and environments that promote healthy eating and physical activity.

**THANK YOU TO THE 2020 SUMMIT ORGANIZING COMMITTEE:**

***Summit Organizing Committee***

**David Bange**, City of Jefferson Public Works

**Kathy Craig**, Missouri Department of Health and Senior Services

**Aaron Defenbaugh**, Alta Planning & Design

**Greg Harris**, Missouri Rock Island Trail, Inc.

**Brent Hugh**, Missouri Bicycle & Pedestrian Federation

**Derrick Estell**, City of Springfield, Association of Pedestrian and Bicycle Professionals - Missouri Chapter

**David Hutchison**, Association of Pedestrian and Bicycle Professionals - Missouri Chapter

**Chrysa Niewald**, Missouri Rock Island Trail, Inc, and Missouri Bicycle & Pedestrian Federation

**Patrick Tuttle**, Joplin Convention and Visitors Bureau

**Katrina Williams**, City of Jefferson

**Paul Wojciechowski**, Alta Planning & Design, Association of Pedestrian and Bicycle Professionals - Missouri Chapter



APBP is a community of practitioners working to create more walkable, bikeable places. We foster peer knowledge sharing, advance technical expertise, and support the professional development of our members who work in government, consulting firms, and in non-profit organizations in the fields of transportation planning and engineering, urban design and planning, public health and active living.

We have a variety of membership categories sure to fit your needs! Choose from these options:

### [Become a member now!](#)

**Professional** - \$120/year: This membership is for a person employed by a local, state or federal government, a corporation or consulting firm, a college or university, or as an independent consultant.

**Advocate** - \$88/year: This membership is for staff or volunteers of an advocacy organization or advisory committee.

**Young Professional** - \$50/year: This membership is for a person who has just graduated or has been in practice less than 3 years. This category is available for the first three years of practice and then transfers to the Professional Membership category.

**Student** - \$30/year: This membership is for full-time students in engineering, planning, landscape architecture, urban design, safety and promotion, health, law enforcement and other related curricula.

**Retired** - \$30/year: Retired bicycle and pedestrian professionals interested in maintaining connections in the field.

**Group Memberships:** Groups of five or more people from the same professional or advocacy organization may join together as a group and save 20% on annual membership dues.

### Benefits of Membership

- Network with an online community of over 1,200 professionals who share a passion for bicycle and pedestrian transportation and a vision for the role that sustainable transportation can play in communities.
- Participate in APBP's dynamic and acclaimed listserv, open only to our members
- Save money with reduced fees for APBP's monthly webinars, publications and biennial conference
- Stay informed with our weekly e-newsletter
- Search the Career Center for job openings
- Participate in the annual APBP Mentor Program
- Gain access to scholarship programs for professional meetings

**Find out more or join APBP-Missouri at <https://www.apbp.org/group/Missouri>**

### **Contacts for the Missouri Chapter:**

**Paul Wojciechowski – President [paulw@altaplanning.com](mailto:paulw@altaplanning.com), 314-952-8570**

**Derrick Estell - Vice President [destell@springfieldmo.gov](mailto:destell@springfieldmo.gov), 417-864-1971**



Missouri Livable Streets supports active living throughout Missouri communities.

Missouri is a national leader in the Complete Streets movement, with more than 2.7 million Missourians living in municipalities with Livable or Complete Streets policy.

Missouri Livable Streets was formed in 2010 as a public-private partnership between state, local and private organizations and citizens to help more communities learn about the benefits of transportation planning for all users. Each year, more communities are choosing to write and implement their own policies.

Missouri Livable Streets is a public-private partnership between the Missouri Council for Activity and Nutrition (MoCAN), the University of Missouri Extension, the Missouri Department of Transportation and over 12 other organizations. Together, this partnership ensures that communities have flexible policies in place so that all Missourians have access to safe transportation options, regardless of ability, age or income level.

Find out more about Missouri Livable Streets—and how your community can adopt and implement Livable Streets—at:

[livablestreets.missouri.edu](http://livablestreets.missouri.edu)



The Missouri Bicycle and Pedestrian Federation is a statewide coalition of bicyclists, walkers, runners, trail organizations and related businesses which represents over 50,000 Missourians and advocates on behalf of the state's two million ardent bicyclists and six million walkers. Find out more or join the Federation at:

[www.MoBikeFed.org](http://www.MoBikeFed.org)